

1 **Manipulation is key – On why non-mechanistic explanations in the cognitive sciences also describe**
2 **relations of manipulation and control**

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10 **Abstract**

11 A popular view presents explanations in the cognitive sciences as causal or mechanistic and argues that
12 an important feature of such explanations is that they allow us to manipulate and control the
13 explanandum phenomena. Nonetheless, whether there can be explanations in the cognitive sciences
14 that are neither causal nor mechanistic is still under debate. Another prominent view suggests that both
15 causal and non-causal relations of counterfactual dependence can be explanatory, but this view is open
16 to the criticism that it is not clear how to distinguish explanatory from non-explanatory relations. In this
17 paper, I draw from both views and suggest that, in the cognitive sciences, relations of counterfactual
18 dependence that allow manipulation and control can be explanatory even when they are neither causal
19 nor mechanistic. Furthermore, the ability to allow manipulation can determine whether non-causal
20 counterfactual dependence relations are explanatory. I present a preliminary framework for
21 manipulation relations that includes some non-causal relations and use two examples from the cognitive
22 sciences to show how this framework distinguishes between explanatory and non-explanatory, non-
23 causal relations. The proposed framework suggests that, in the cognitive sciences, causal and non-causal

24 relations have the same criterion for explanatory value, namely, whether or not they allow manipulation
25 and control.

26 **Keywords**

27 explanation; non-causal explanations; manipulation and control; the cognitive sciences; counterfactual
28 dependence;

29 **1 Introduction**

30 Philosophers have characterized various types of explanations in the cognitive sciences. Functional
31 analyses (Cummins 1983, 2000), mechanistic models (Craver 2007a), computational models (Chirimuuta
32 2014; Egan 2017; Rusanen and Lappi 2016; Shagrir 2006; Shagrir and Bechtel 2017) as well as network,
33 topological, and mathematical models (Chirimuuta 2017; Huneman 2010; Silberstein and Chemero 2013)
34 have all been said to have explanatory value. This poses a challenge to philosophers – how does one
35 present a framework for explanation in the cognitive sciences, when said explanation is so deeply diverse
36 in range¹?

37 One prominent - albeit highly contended - view is the mechanistic view of explanations in the cognitive
38 sciences. According to proponents of this view (henceforth: “mechanists”) (Craver 2007a, 2007b, 2016,
39 Kaplan 2011, 2017; Kaplan and Craver 2011; Milkowski 2013; Piccinini 2015; Piccinini and Craver 2011),
40 generally, models in the cognitive sciences are explanatory to the extent that they describe relevant causal
41 structures. These relevant causal structures are those “that produce, underlie, or maintain the
42 explanandum phenomenon” (Kaplan and Craver 2011, p. 602). On this view, explanations in the cognitive
43 sciences are often mechanistic - the phenomenon is explained by appeal to its underlying causal structure,
44 a mechanism. The appeal of this view is strong: it implies that many explanations in the cognitive sciences

¹ One can also be a pluralist and argue that there is no single, unifying framework that can accommodate all these explanations. In this paper, I assume that, were it to be possible, such a framework would be preferable.

45 have a unifying feature, namely, the description of relevant causal structures. Nonetheless, in recent
46 years, mechanists have had to defend their view against claims that some models in the cognitive sciences
47 explain phenomena in ways that are outside the scope of the mechanistic framework (Bechtel and Shagrir
48 2015; Chirimuuta 2014; Egan 2017; Huneman 2010; Rusanen and Lappi 2016; Shagrir and Bechtel 2017;
49 Shapiro 2017; Silberstein and Chemero 2013). The mechanists reply that these models are either
50 explanatory because they describe relevant causal structures or they are not explanatory at all (Craver
51 2016; Kaplan 2011, 2017; Kaplan and Craver 2011; Piccinini and Craver 2011). This debate is still ongoing.
52 Furthermore, the mechanistic view has been criticized on the grounds that it diminishes the explanatory
53 value of non-mechanistic models such as functional analyses (Shapiro 2017) and computational models
54 (Shagrir and Bechtel 2017).

55 Another approach, which is geared towards scientific explanation in general, is the counterfactual-
56 dependence view of explanation. Woodward and Hitchcock (Hitchcock and Woodward 2003; Woodward
57 2003; Woodward and Hitchcock 2003) suggest that explanations provide the resources for answering a
58 variety of what-if-things-had-been-different questions. The counterfactuals implied in these questions are
59 described by appeal to intervention, a procedure formally and extensively set forth in (Woodward 2003)
60 as part of an account of causal relations. Many mechanists also adopt Woodward's framework for causal
61 relations. Diverging from the mechanists who focus on the explanatory value of causal relations, several
62 philosophers have extended this framework and asserted that explanations reveal relations of
63 counterfactual dependence more generally, so that some explanatory counterfactuals cannot be
64 described as the result of interventions. In this way, non-causal counterfactual dependences, too, can be
65 taken as explanatory (Baron et al. 2017; Bokulich 2011; Chirimuuta 2017; Jansson 2015; Jansson and Saatsi
66 2017; Pexton 2016; Reutlinger 2016; Saatsi and Pexton 2013; Woodward 2018; Ylikoski and Kuorikoski
67 2010).

68 This approach has promise, but it faces a challenge confronted by many frameworks that describe non-
69 causal relations as explanatory: some counterfactual dependence relations are symmetrical (e.g.,
70 mathematical relations), yet in many of those cases, only one direction of dependence is taken to be
71 explanatory (Craver 2016; Craver and Povich 2017)².

72 In this paper, I take a different route and combine an important feature of the mechanistic framework
73 with the notion that non-causal dependences can also be explanatory. Mechanists often trace the initial
74 interest in mechanistic explanations in the cognitive sciences to a desire to manipulate and control³ neural
75 and cognitive phenomena (in this, they follow Woodward, who makes a similar argument for causal
76 explanation in general (2003)). Here, I suggest that some relations can allow manipulation of cognitive
77 and neural phenomena even when these relations are not part of causal structures that produce or
78 underlie these phenomena (henceforth, “non-causal relations”). Therefore, the motivation to manipulate
79 cognitive and neural phenomena can be extended to account for the explanatory value of some
80 dependence relations that do not comply with mechanistic requirements. Moreover, I argue that a
81 framework that links explanation with the motivation to manipulate phenomena can account for some of
82 our intuitions about the type of non-causal counterfactual dependences that are explanatory in the
83 cognitive sciences⁴.

² This issue has been addressed in several papers that develop such frameworks. (Saatsi and Pexton 2013) reply that the explanation of regularities, rather than a singular event, can be symmetrical, and therefore non-causal. For example, the fact that the length of pendulums is proportional to the gravitational field can be explained by the mathematical equation that relates the two. (Jansson 2015; Jansson and Saatsi 2017) describe specific dependence or determination relations and argue that they are not symmetrical.

³ Throughout the paper, I treat ‘manipulation’ and ‘control’ as having the same meaning in this context. They are often found together in the literature. To avoid redundancy, generally, I will only speak of manipulation.

⁴ Although they do not discuss manipulation and control directly, some of the studies that address the issue of the asymmetry of explanation in symmetrical dependence relations suggest solutions that seem consistent with this idea. (Woodward 2018) proposes, when describing one example, that if one side of a dependence relation can be explained by other ordinary causes, the direction of explanation runs from this side to the other. (Jansson and Saatsi 2017), for their part, claim that, in some mathematical relations, the dependence runs only in one direction when fixing a value of one variable determines the value of the other, but not vice versa.

84 This suggestion can contribute to both frameworks. Regarding the counterfactual dependence view,
85 associating explanation with manipulation provides a way to distinguish explanatory from non-
86 explanatory counterfactual dependences that is applicable to both causal and non-causal dependences in
87 the cognitive sciences. In the future, this suggestion can be extended to other fields. Regarding the
88 mechanistic framework, the point that non-causal dependences can also allow manipulation of the
89 explanandum may be a good reason to extend this framework to include some explanatory dependences
90 that are not causal or mechanistic.

91 In this paper, I analyze two examples of mathematical relations in the cognitive sciences, aiming to show
92 that they allow manipulation in the direction of explanation. In the first example, the fact that an
93 estimator that combines inputs from two modalities is optimal is explained by the statistics of the inputs
94 (Ernst and Banks 2002). In the second example, the magnitude of fluctuations in the input to a neuron is
95 explained by the ratio between its excitatory and inhibitory incoming inputs (Softky and Koch 1993; van
96 Vreeswijk and Sompolinsky 1996).

97 A variety of models in the cognitive sciences have already been presented as explanatory despite the fact
98 that they do not satisfy the mechanistic requirement of describing relevant causal structures (Chirimuuta
99 2014; Egan 2017; Huneman 2010; Rusanen and Lappi 2016; Silberstein and Chemero 2013). Unlike these
100 studies, I do not aim to argue that some explanations in the cognitive sciences are non-causal. According
101 to some manipulability frameworks for causation, relations of manipulability simply are relations of causal
102 dependence (Woodward 2003). Proponents of such views may interpret the argument of this paper as
103 showing that some dependence relations that were previously taken to be non-causal allow manipulation
104 and therefore are, in fact, causal. Those who adopt such a view of causation for the examples presented
105 here will have to concede that cause and effect can be mathematically related and occur simultaneously.
106 Furthermore, if they accept that constitutive relations in mechanisms allow manipulation, then they must
107 take constitutive relations to be causal. Such consequences are usually understood as undesirable

108 (Baumgartner and Gebharder 2016; Craver and Bechtel 2007; Romero 2015). Nonetheless, an
109 interpretation of this paper that takes mathematical relations to be causal is possible, and I will not argue
110 against it here.

111 The paper is organized as follows: section 2 will describe the role of manipulation and control in
112 Woodward's framework and in the mechanistic framework. Section 3 will present a preliminary
113 formulation of a manipulation relation that can accommodate causal and non-causal relations. Section 4
114 will provide two examples of non-causal explanations in the cognitive sciences that describe relations that
115 allow manipulation. Finally, section 5 will discuss a few possible objections and counter-objections to the
116 proposed framework.

117 **2 manipulation and control in Woodward's and the mechanists' writings**

118 Woodward develops an 'interventionist' or 'manipulationist' framework for causal relations and
119 explanation, which is based on the notion that causal relations can potentially be used to manipulate the
120 environment. He writes: "...our interest in causal relationships and explanation initially grows out of a
121 highly practical interest human beings have in manipulation and control" (2003, p. 10) and states the
122 following conditions for X to be a cause of Y :

123 (M) X causes Y if and only if there are background circumstances B such that if some
124 (single) intervention that changes the value of X (and no other variable) were to occur in
125 B , then Y or the probability distribution of Y would change...An *intervention* on X with
126 respect to Y [is] an idealized experimental manipulation of X which causes a change in Y
127 that is of such a character that any change in Y occurs only through this change in X and
128 not in any other way (Woodward 2010, p.4, italics in the original; for a more detailed
129 description see Woodward 2003)

130 Craver, developing a framework for mechanistic explanation, writes: “Explanations in neuroscience are
131 motivated fundamentally by the desire to bring the CNS [central nervous system] under our control.”
132 (Craver 2007a, p. 160) . Building on Woodward’s framework, he states that a component is relevant to
133 the behavior of a mechanism when “the two are related as part to whole and they are *mutually*
134 *manipulable*” (2007a, p. 153 italics in the original).

135 Woodward (2003) and Craver (2007a) describe causal and mechanistic explanations, respectively, in terms
136 of manipulability. I draw on this work and take causal relations and constitutive relations in mechanisms
137 to allow manipulation. There is also a second, weaker, sense in which Woodward and Craver tie together
138 explanation and manipulation - namely, both present explanation as motivated by the desire to be able
139 to manipulate and control phenomena. This relation between manipulation and explanation has been
140 echoed in other philosophical (Dretske 1994) and scientific (Lazebnik 2002) writings.

141 Inspired by this suggestion, I continue by arguing that, in the cognitive sciences, there are explanatory
142 counterfactual dependence relations that allow manipulation of the explanandum and are neither causal
143 nor mechanistic. Therefore, it may be possible to treat all these manipulation-allowing relations similarly,
144 forming a more unified framework for explanation in the cognitive sciences. I begin by presenting a
145 framework for manipulation.

146 **3 Relations of manipulation and control (manipulation*) as explanatory relations**

147 Ideally, I would use Woodward’s (2003) interventionist framework to describe manipulation relations.
148 However, such a framework might not be able to accommodate non-causal dependence relations. In the
149 case of constitutive relations, it is argued that ideal interventions on the part with respect to the whole,
150 and vice versa, are not possible. In an ideal intervention, according to Woodward (2003), the intervention
151 variable that changes *X* must not be a cause of *Y* through a path that does not include *X*. Arguably,
152 however, any manipulation of the part can also be considered a direct manipulation of the whole, and

153 vice versa, thus ruling out the possibility of an ideal intervention (Romero 2015). Similar claims can be
154 made regarding supervenience, mathematical and other dependence relations in which the variables
155 cannot be considered distinct.

156 Therefore, I suggest a slightly different account that is intended to also fit cases where the variables are
157 not distinct. To differentiate this extended manipulation from that of Woodward, I term it manipulation*.

158 Take two non-identical variables, X and Y . Then Y can be manipulated* through X iff:

159 (1) There is at least one manipulation* variable \mathbf{M} that can be used to manipulate* X ⁵. So that in the
160 counterfactual scenario in which \mathbf{M} is used to change the value of X , while all variables are held
161 constant except for $\{\mathbf{M}, X, Y, \text{the variables on the path from } \mathbf{M} \text{ to } X, \text{ and the variables that are}$
162 $\text{manipulated through } X\}$, the value of Y changes as well.

163 (2) The influence of \mathbf{M} on the value of Y is completely mediated through X : if \mathbf{M} is used to manipulate
164 X as in (1), while any other manipulation* variable M is used to keep X constant and all variables
165 are held constant except for $\{\mathbf{M}, M, Y, \text{the variables on the path from } M \text{ to } X, \text{ the variables on the}$
166 $\text{path from } \mathbf{M} \text{ to } X, \text{ and the variables that are manipulated through } X\}$, Y will remain constant⁶.

167 The first requirement cannot tell us whether the change in Y occurred because of the change in X or
168 because of the change in \mathbf{M} directly. To meet the second requirement, the change in Y must occur only
169 because of the change in X . When both requirements are met, the implication is that there is some
170 dependence of Y on X that can be used to change the value of Y by changing X .

⁵ This requirement makes the manipulation* framework non-reductive; a manipulation* relation cannot be described without appeal to other manipulation* relations. In this respect, it is similar to Woodward's framework (Woodward 2003).

⁶ The requirement that *any* manipulation* variable can be used to keep X constant may seem too strong. However, note that for causal relations, the effect of the intervention variable on Y must be mediated through X by definition. Hence, however we keep X constant, while keeping all other variables that can manipulate* Y constant, Y will not change. This is also the case for mathematical relations, where the value of Y is determined by the value of X and by the other variables that mathematically define Y .

171 I take it that, in the cognitive sciences, if Y can be manipulated* through X , then, to some extent, X and
172 the dependence relation explain Y . This is a counterfactual framework because the change in \mathbf{M} describes
173 a counterfactual scenario. However, the counterfactuals discussed here differ slightly from those found
174 in Woodward (2003) and describe different possible manipulations* of X , which are not ideal
175 interventions. I will assume here that in the counterfactual scenarios of the manipulations*, the
176 mathematical relations of the factual world still hold⁷.

177 Several points are worth noting here. First, I am certainly *not* suggesting that “if I can manipulate it I can
178 explain it”. Instead, the relation between manipulation and explanation is such that manipulation*
179 relations and manipulating* variables can be used to explain the dependent explanandum. Second, like
180 Woodward’s manipulability for causal relations, the manipulation* relation does not have to be practically
181 possible but only conceptually so. Finally, I focus on the cognitive sciences. It may be possible to extend
182 this framework to other sciences, but I suspect that there are some fields, such as fundamental physics,
183 that may not be as concerned about manipulation of their investigated phenomena. Therefore, I refrain
184 from making a more general claim.

185 **4 manipulation and control in mathematical explanations in the cognitive sciences**

186 In this section, I use the manipulation* framework to analyze two examples of explanations in the
187 cognitive sciences that appeal to mathematical relations. As a warm-up, I will take the well-known - albeit
188 not from the cognitive sciences - example of a mathematical explanation: Königsberg’s bridges (Craver
189 and Povich 2017; Lange 2013; Reutlinger 2016).

190 Euler’s theorem states that it is possible to walk through a graph traversing each edge exactly once (an
191 Euler walk) iff exactly zero or two nodes in the graph are connected to an odd number of edges. Therefore,
192 the fact that it is impossible for someone to take an Euler walk in Königsberg is explained by the fact that

⁷ See (Baron et al. 2017) for a discussion of counterfactuals regarding mathematical relations.

193 Königsberg has four parts that are connected to an odd number of bridges. In this example, although in
194 some conditions the organization of Königsberg's bridges (in terms of whether it meets Euler's criterion)
195 and the possibility of an Euler walk there can each be derived from the other, we take the organization of
196 Königsberg's bridges to explain the impossibility of an Euler walk there and not vice versa (Craver and
197 Povich 2017). Intuitively, the direction of manipulation in this example coincides with the direction of
198 explanation; we can manipulate the possibility of someone taking an Euler walk by changing the
199 organization of Königsberg's bridges, but we cannot manipulate the organization of Königsberg's bridges
200 by changing the possibility of someone taking an Euler walk. This intuition can be explicated in the
201 manipulation* framework.

202 Let us consider a manipulation* variable **M** that can change the organization of Königsberg's bridges. For
203 example, we can tear down a bridge in Königsberg with the purpose of having only two parts with an odd
204 number of bridges. Such a change is expected to manipulate* both the organization of Königsberg's
205 bridges and whether someone can take an Euler walk there. The change in possibility of taking an Euler
206 walk is mediated via the change to the organization of Königsberg's bridges; any manipulation* to keep
207 the organization of Königsberg's bridges constant (e.g., quickly build a new bridge) will make this walk
208 impossible again. Thus, both requirements for a manipulation* relation are met: the possibility of an Euler
209 walk can be manipulated* via the organization of Königsberg's bridges. When considering whether this
210 manipulation* relation can also work in the other direction, we must seek a manipulation* that can
211 change both variables such that when the possibility of an Euler walk is held constant, the organization of
212 Königsberg's bridges would remain constant as well. However, we can hold the possibility of an Euler walk
213 constant by barricading the city so that it is impossible for someone to take an Euler walk there. It is
214 difficult to fathom a manipulation* that would change the organization of Königsberg's bridges when the
215 city is not barricaded but would not affect this organization when the city is barricaded. Considering the
216 destruction of bridges, it would change both variables, but the change in the organization of Königsberg's

217 bridges would remain regardless of whether the city is barricaded. Therefore, until someone comes up
218 with an example that fits this requirement, this framework does *not* imply that we can manipulate* the
219 organization of Königsberg’s bridges via the possibility of an Euler walk. In this example, the direction of
220 manipulation* fits the direction of explanation.

221 **4.a Optimal integration of information from two modalities**

222 Consider a task where you are asked to estimate the length of a wooden bar. You have both visual and
223 haptic inputs that reflect the length of this bar, but because both these inputs are noisy, the visual and
224 haptic inputs differ slightly. What will your answer be? Ideally, you would like your answer to be optimal
225 in the sense that, given the information you have, it will minimize the difference between your estimate
226 and the true bar length. Measurements of this difference are called ‘cost functions’.

227 It can be shown mathematically that when the inputs from the two modalities are independent and
228 normally distributed around the true bar length (see Fig. 1a), the following estimate minimizes three
229 common cost functions (number of errors, mean absolute error (L1) and mean squared error (L2))⁸. This
230 estimate is a weighted mean of the inputs, so that the weight of each modality is inversely related to the
231 variance of the input noise (see Fig. 1b):

$$232 \quad (1) \text{ Estimate}(\mu) = \frac{S_V \cdot \left(\frac{1}{\sigma_V^2}\right) + S_H \cdot \left(\frac{1}{\sigma_H^2}\right)}{\left(\frac{1}{\sigma_V^2}\right) + \left(\frac{1}{\sigma_H^2}\right)}$$

233 Where μ is the real length of the bar, S_V and S_H are the inputs that we get from the visual and the haptic
234 modalities, respectively, and σ_V^2 and σ_H^2 are the variance of the noise of visual and haptic inputs (i.e.,
235 $S_V \sim N(\mu, \sigma_V^2)$, $S_H \sim N(\mu, \sigma_H^2)$).

⁸ Throughout this discussion I assume that we have no information about the prior probability of the bar length.

236 Therefore, if one posits that the inputs of the different modalities are distributed as described and the
237 cost of errors in the task is one of the three common cost functions, an optimal strategy would be to
238 answer in accordance with (1). Indeed, Ernst and Banks (2002) discovered that, in such a task, people gave
239 answers that were similar to the answers equation (1) would yield.

240 Now, one can ask ‘why is it the case that eq. (1) is optimal?’. We can answer this question by referring to
241 a mathematical relation. It can be shown that when it is assumed that the distributions of the inputs are
242 independent and normal with an expected value that is the real bar length μ (as in Fig. 1a), then equation
243 (1) can be mathematically derived as minimizing the common cost functions. But (1) may not be optimal
244 if these assumptions about the inputs are not correct. For example, if the expected value of the visual and
245 haptic inputs, S_V and S_H , is not the actual bar length μ (i.e., they are biased estimates) then equation (1)
246 will not yield an optimal answer (see Fig. 1c-d). The optimal estimate will be one that takes this bias into
247 account. Therefore, the optimality of (1) depends on the probability distributions of the inputs. The
248 probability distributions of the inputs and the mathematical derivation that yields (1) as the optimal
249 estimate together explain the optimality of (1).

250 The probability distributions of the inputs explain (1)’s optimality even though (1)’s dependence on the
251 probability distributions of the inputs would generally not be considered causal: the probability
252 distributions of the inputs and the optimality of (1) occur simultaneously, and the dependence is between
253 variables that are mathematically connected rather than between two distinct variables (Craver and
254 Bechtel 2007)⁹.

⁹ As discussed in the introduction, non-causal by popular opinion that considers simultaneous, mathematical relations to be non-causal.

255 Given that this relation is not causal, it seems that the mechanistic framework cannot account for it. How
256 can the manipulation* framework elucidate this case? Intuitively, the optimality of (1) can be manipulated
257 via the probability distributions of the inputs. I will show that this is indeed a manipulation* relation.

258 Let us consider a variable that can be used to manipulate* the probability distributions of the inputs. It is
259 possible to change the probability distributions of the inputs by changing the experimental conditions.
260 (Ernst and Banks 2002) used specialized lab equipment to simulate visual and haptic inputs that differed
261 in their variance. Thus, it is possible to change experimental conditions so that the probability distributions
262 of the inputs become biased (their expected value is no longer the true bar length) and by this to render
263 (1) no longer optimal. We can show that the optimality of (1) can be manipulated* via the probability
264 distributions of the inputs by finding a manipulation* variable that cannot change Y when X is held
265 constant. Consider the aforementioned manipulation* variable, where the experimental conditions are
266 changed with the purpose of biasing the visual and haptic inputs. It is possible to counter the change to
267 the probability distributions of the inputs, for example by giving subjects special glasses that will remedy
268 the bias. In such a case, the probability distributions of the inputs as well as the optimality of (1) will both
269 remain constant. In fact, because of the mathematical dependence relation, we know that if we change
270 the experimental conditions, however we choose to keep the probability distributions of the inputs
271 constant, while keeping other relevant variables such as the cost function constant, the optimality of (1)
272 will remain constant as well. Therefore, the two conditions for manipulation* are met. We can conclude
273 that we can manipulate* the optimality of (1) via the probability distributions of the inputs, and therefore
274 the latter, together with the mathematical dependence relation, explain the former.

275 What about the asymmetry of the direction of explanation, despite the symmetrical mathematical
276 dependence (Craver 2016; Craver and Povich 2017)? The optimality of (1) is mathematically related to the
277 probability distributions of the inputs. So, one might argue that the manipulation* relation should be
278 symmetrical. Yet, it would seem very odd to say that the probability distributions of the inputs are

279 explained by (1)'s optimality. Luckily, this direction of explanation is not a consequence of the
280 manipulation* framework.

281 To see if the probability distributions of the inputs can be manipulated* via the optimality of (1), we search
282 for a manipulation* variable **M** that can change the value of both variables, but if some variable is used
283 to hold the optimality of (1) constant, the probability distributions of the inputs do not change. One way
284 to hold the optimality of (1) constant is by changing the cost function. However, it is difficult to imagine
285 how some manipulation* can change the probability distributions of the inputs for one cost function but
286 not for another. For this reason, until someone comes up with such a variable, in this example, the
287 manipulation* framework implies that manipulation* and explanation go only in one direction: the
288 probability distributions of the inputs can be used to manipulate* and explain the optimality of (1), but
289 not vice versa. The manipulation* framework yields the desired results: a symmetrical mathematical
290 relation allows manipulation* only in one direction, which is the direction we would also take to be the
291 direction of explanation.

292 **4.b Cortical neurons spike irregularly despite having a large number of incoming synaptic connections**

293 Generally speaking, neurons in the cortex fire irregularly (Softky and Koch 1993): their inter-spike intervals
294 (the time between two consecutive spikes) vary greatly. A common regularity measure is the coefficient
295 of variation (*CV*):

$$296 \quad (1) \quad CV = \frac{\sigma_{\Delta t}}{\overline{\Delta t}}$$

297 Where Δt is the inter-spike interval, $\overline{\Delta t}$ is the mean of Δt and $\sigma_{\Delta t}$ is the standard deviation of Δt (for a
298 period where many inter-spike intervals are measured). The *CV* of many cortical neurons tends to be
299 between 0.4 and 1.2, while for regular firing we would expect $CV \ll 1$ (i.e., the *CV* should be an order of
300 a magnitude smaller than 1; see simulated examples in Fig. 2a) (Softky and Koch 1993). Given that the

301 number of input synapses on cortical neurons is on the order of thousands, this finding is bewildering.
302 Usually, the firing of a neuron is viewed as reflecting an approximate summation of synaptic inputs.
303 According to the Central Limit Theorem, when the number (n) of independently and identically distributed
304 (iid) random variables is very large, the sum of these random variables has an asymptotically normal
305 distribution with an expected value proportional to n and a standard deviation proportional to \sqrt{n} .
306 Formally:

307 (2) $\lim_{n \rightarrow \infty} \sum_{i=1}^n x_i \sim N(n \cdot E(x), n \cdot \sigma_x^2)$

308 Where n is the number of inputs, x_i is a random variable i , $E(x)$ is the expected value of x and σ_x^2 is the
309 variance of x . According to this formula, when the number of summed random variables is very large,
310 the standard deviation of their sum (also called fluctuations in the signal) is equal to $\sqrt{n} \cdot \sigma_x$, which is
311 negligible relative to the signal (i.e., the sum itself)¹⁰. To illustrate, if $E(x) = \sigma_x$, for a thousand inputs
312 and total signal size of 1, the fluctuations will be around 0.03. This means that when the number of iid
313 inputs is very large, we can mathematically derive that the total input will be approximately constant
314 (Fig. 2b, left). Studies have shown that it is not likely that the irregular firing is an intrinsic property of the
315 neurons (Mainen and Sejnowski 1995), and therefore the irregular firing is likely produced by large
316 fluctuations in the inputs (Fig. 2b, right). So, the puzzling question is this: why do neurons with many
317 input synapses receive highly fluctuating inputs, despite what we know from the Central Limit Theorem?
318 One possible explanation for the surprising irregularity of the neurons' firing is that the inputs are not
319 independent. Instead, neurons are a part of a network in which excitatory and inhibitory synaptic inputs
320 to each neuron are balanced such that most of the excitatory and inhibitory inputs cancel out and the
321 total input is reduced to the order of magnitude of the fluctuations. Indeed, (van Vreeswijk and

¹⁰ This occurs because the sum is proportional to n and the fluctuations are proportional to \sqrt{n} , so the sum and its fluctuations differ by a magnitude of \sqrt{n} .

322 Sompolinsky 1996) have shown that such a balance can be achieved in a network that has some general
323 connectivity properties (e.g., one requirement is sparse connectivity). In this way, the number of inputs
324 to each neuron is still very large but the total input fluctuates strongly. The theory of excitatory-inhibitory
325 balance has received experimental support (Wehr and Zador 2003; Xue et al. 2014). According to this
326 theory, the magnitude of fluctuations in the neurons' total input depends on the balance between
327 excitatory and inhibitory synaptic inputs and therefore this inhibitory-excitatory (henceforth IE) balance
328 explains the fluctuations.

329 As in the previous example, the relation between the IE balance and the fluctuations in the total input
330 does not comply with our usual description of a causal relation; the variable 'fluctuations in total input
331 to the neuron' is simultaneous with the variable 'IE balance', and the relation between the IE balance
332 and the fluctuations in total input is a mathematical relation: without IE balance, the Central Limit
333 Theorem yields a barely fluctuating input, and when there is IE balance in accordance with the model
334 from (van Vreeswijk and Sompolinsky 1996), the mathematical model yields a highly fluctuating input.

335 According to the manipulation* framework, this relation is explanatory. There is a manipulation*
336 variable that changes the IE balance and the fluctuations in the neuron's input. For example, we can
337 block many of the inhibitory inputs, disturbing the IE balance in the network, and this will yield a barely
338 fluctuating input. Furthermore, however we choose to restore the IE balance (e.g., by blocking many
339 excitatory inputs or by increasing the firing rate of the remaining inhibitory inputs), we will also restore
340 the fluctuations in the input. Therefore, this example meets the two requirements for manipulation*
341 and, according to the manipulation* framework, the fluctuations in total input are explained by the IE
342 balance.

343 What about the challenge from symmetry of non-causal relations (Craver 2016; Craver and Povich 2017)?
344 We can see that the manipulation* account does *not* imply that the IE balance can be manipulated* via

345 the fluctuations in total input. One way to keep the fluctuations in total input to the neuron constant is
346 by using an electrode to add external current to the neuron. However, it is again difficult to fathom a
347 variable that will change the balance between excitatory and inhibitory synaptic inputs for one value of
348 electrode current but not for another value. Hence, there is no implication regarding manipulation* and
349 explanation in the opposite direction, in accordance with our intuition about manipulation and
350 explanation in this example.

351 I have brought three examples in which the manipulation* account can come to our aid in distinguishing
352 explanatory from non-explanatory relations of mathematical dependence. I believe these examples
353 show convincingly that, for some non-causal explanations, explanatory value is closely related to
354 manipulation. In the following section, I discuss several possible objections to the proposed framework.

355 **5 Possible criticisms of the manipulation* framework**

356 **a) The manipulation* view ignores important differences between causal and non-causal**
357 **relations that make non-causal relations unfit for manipulation.**

358 The manipulation* view bundles together causal and non-causal relations and treats them
359 similarly. This, it may be argued, misses crucial differences between these relations. Importantly,
360 when manipulation is discussed regarding causal relations one distinct variable is manipulated
361 via another. However, for paradigm non-causal relations, the two variables are closely linked –
362 they are logically or mathematically related or at least occupy the same space-time slice. What
363 sense does it make to talk about manipulation when the two variables' values are determined
364 simultaneously? It may make more sense to say that we are manipulating both variables
365 together, through an external variable.

366 However, even though in the two examples from the cognitive sciences presented here the
367 explanans occur simultaneously and are mathematically related to the explananda, in both cases

368 discovering the manipulation* relation between the variables can help us manipulate the
369 explananda in ways we could not have done before.

370 Considering the first example, the dependence of the optimality of an estimate on the
371 probability distributions of the inputs allows us to organize experimental settings so that some
372 estimate is optimal. This mathematical dependence is especially crucial since there is no way to
373 observe the optimality of an estimate. Unlike the common case with causal relations where the
374 values of the cause and the effect can be observed, the optimality of an estimate is a latent
375 variable that can only be derived mathematically. Hence, this mathematical dependence is
376 essential to the manipulation of the optimality of an estimate and cannot be replaced by causal
377 dependences. Despite the fact that such optimal estimates are latent variables, currently, they
378 play an important part in explaining the behavior of humans and animals (Berniker et al. 2010;
379 Ernst and Banks 2002; Fernandes et al. 2014; Vul et al. 2014; Weiss et al. 2002) and therefore
380 are central in the cognitive sciences¹¹.

381 Let us now consider the second example. Without the dependence of the fluctuations in total
382 input to the neuron on the IE balance, we could still contemplate a causal manipulation of the
383 fluctuations in total input through the activity of specific neurons, but this relation would lack
384 systematicity and would be very difficult to generalize. In light of the mathematical dependence
385 of the fluctuations in total input on the IE balance, we can know how the fluctuations will change
386 when we change the activity of different pre-synaptic neurons because we can consider the
387 change in IE balance.

¹¹ Some may be surprised that scientific explanations of phenomena can be given in terms of optimality. In the cognitive sciences, where behavior and neuronal activity are often explained by underlying computational models, such explanations are very common. Generally, these explanations assume that the cognitive system has evolved enough by evolution to reach some (at least locally) optimal strategy regarding perception and decision-making problems.

388 Therefore, while it is true that manipulations that employ a non-causal dependence of Y on X
389 often (perhaps always) need an external variable that can causally affect X , I think it is undeniable
390 that some non-causal dependences extend the ways in which we can manipulate phenomena.

391 **b) Manipulation of variables in models is not equivalent to the manipulation of physical objects**

392 One could argue that the manipulation* framework abuses the point that Woodward and Craver
393 were trying to make; when Craver discusses manipulation of the CNS (central nervous system),
394 he means that we want to manipulate and control actual physical objects: we want to cure
395 Alzheimer's disease, treat anxiety disorders, or enable paraplegics to walk. My examples, this
396 argument will continue, are of manipulation of abstract mathematical variables that appear only
397 in models, and it is not clear how these variables relate to real, physical brains. In this sense,
398 manipulation* does not truly allow us to manipulate the CNS.

399 It is true that, in the examples given here, the mathematical dependence relations are between
400 abstract variables: estimates, probability distributions, random variables, etc. But these abstract
401 relations are applied to real phenomena¹², allowing us to manipulate them. It is easy to see this
402 point regarding the Königsberg's bridges example. Euler's mathematical theorem describes
403 abstract phenomena, namely, graphs and paths. Nonetheless, this theorem has real, physical,
404 implications: it would be impossible for me to take an Euler's walk in Königsberg.

405 In the example offered in 4.a, the mathematical dependence tells us what computation some
406 machine or organism should perform under certain conditions to minimize estimation error. This
407 estimation error may be related to an organism's fitness and affect its survival. In the example
408 provided in 4.b, we can eliminate the fluctuations in the total input to the neuron by disrupting

¹² See (Kuorikoski and Ylikoski 2015) for a discussion of the relation between counterfactual dependences in models and in real phenomena.

409 the IE balance, and observe the results of this change. Therefore, we see that mathematical
410 relations between abstract entities can allow the manipulation of physical phenomena.

411 **c) manipulation* relations are explanatory relations only because both manipulation and**
412 **explanation are related to more basic ontic relations, which are the interesting relations**

413 I imagine this argument goes something like this: it may be true that explanatory relations and
414 manipulation* relations tend to describe the same relations, but this is only because both rely
415 on similar ontic relations such as cause-effect, part-whole, structure-function, etc. It is these
416 ontic relations that should be examined and taken as relevant to explanations.

417 I cannot deny that manipulation* relations rely on some specific ontic relations – wholes can be
418 manipulated through parts, effects through their causes, etc. The types of ontic relations that
419 allow extended manipulation are definitely worth investigating. It is especially interesting that,
420 in the given examples, the manipulation* is possible in exactly one direction because the
421 manipulated* variable, Y , also depends on another variable that is independent of X and can be
422 used to hold Y constant. Nonetheless, this does not diminish the importance of the fact that
423 explanatory and manipulation* relations tend to be the same relations, and that explanation is
424 tightly linked to manipulation, even for non-causal relations.

425 Moreover, while it may be possible to characterize explanatory relations as a collection of
426 various ontic relations, such a description will not yield a reason for the explanatory value of
427 these specific ontic relations but not others. In contrast, the notion that some relations explain
428 a phenomenon because they allow its manipulation at least suggests a reason for the
429 explanatory value of some relations and lack thereof of others.

430 **d) The manipulation* framework is inferior to the mechanistic framework, which already has a**
431 **clear formulation of causal relations as explanatory relations**

432 The mechanists provide a clear and elegant framework where causal relations are explanatory.
433 This framework accounts for causal and mechanistic explanations. Thus far, the mechanists have
434 answered (Craver 2016; Kaplan 2011, 2017; Kaplan and Craver 2011; Piccinini and Craver 2011)
435 most of the many challenges that have been presented to them (Bechtel and Shagrir 2015;
436 Chirimuuta 2014; Egan 2017; Huneman 2010; Rusanen and Lappi 2016; Shagrir and Bechtel 2017;
437 Shapiro 2017; Silberstein and Chemero 2013). It can be argued that, compared to the
438 mechanistic framework, the manipulation* framework is overly broad and adds unnecessary
439 complications in an attempt to answer questions already dealt with by the mechanistic
440 framework.

441 My response to this criticism is twofold. First, like many other non-causal explanations found in
442 the literature, this paper presents two non-causal explanations that the mechanistic framework
443 does not easily accommodate. The mechanists would probably have to argue that the examples
444 I offered are not explanations, that they appeal to some causal relation or that they are
445 exceptions to their general framework. Alternatively, they could argue that mathematical and
446 constitutive relations are causal. None of these options seems very natural to me, while the
447 manipulation* framework accommodates these examples easily.

448 Second, according to the mechanistic framework, explanations describe relevant causal
449 relations. However, many explanatory dependence relations in this framework are the relations
450 between the explanandum phenomenon and the components in the mechanistic decomposition
451 of this phenomenon. These dependence relations are not causal, but constitutive. In his seminal
452 work, Craver (2007a) describes the relations between a phenomenon and its mechanistic
453 components also as manipulability relations, based on Woodward's (2003) framework for causal
454 relations.

455 However, many have made the point that the mechanistic framework has problems with
456 describing manipulation and intervention in a way that fits relations between the phenomenon
457 and its mechanistic components (Baumgartner and Casini 2017; Baumgartner and Gebharder
458 2016; Harbecke 2010; Harinen 2014; Leuridan 2012; Romero 2015). The arguments in these
459 works are usually similar in spirit to the one by (Romero 2015) presented in section 3:
460 phenomena and their mechanistic components are related in part-whole relations, and occupy
461 the same space-time slice, so it is problematic to talk about an ideal intervention in Woodward's
462 sense (2003) on one with respect to the other. Even if such interventions are possible, this could
463 imply that constitutive relations are causal, a result that many believe should be avoided
464 (Baumgartner and Gebharder 2016; Craver and Bechtel 2007; Romero 2015).

465 Thus, it seems that if one wished to argue that relevant mechanistic components allow
466 manipulation of the explanandum, one might have to forgo the claim that only causal relations
467 in Woodward's sense allow manipulation¹³. In many ways, then, constitutive relations in
468 mechanistic explanations face similar issues to the mathematical relations I described here, and
469 so, these too can benefit from a framework that accommodates non-causal relations.

470 **6 Conclusions**

471 There are two promising frameworks for explanations in the cognitive sciences. One of these takes the
472 view that counterfactual dependences, causal and non-causal alike, are the basis for explanations. The
473 second, mechanistic framework, emphasizes the relation between manipulation and explanation and

¹³ Another baffling issue in Craver's mutual manipulability criterion is that Craver takes the direction of manipulation to go both from phenomenon to its components and from the components to the phenomenon, while the direction of explanation goes only from the components to the phenomenon. Franklin-Hall's (2016) interpretation of mutual manipulability suggests a solution to this issue: top-down manipulation amounts to manipulation of the input conditions of the phenomenon. So, we can consider this top-down manipulation a causal manipulation of components by the inputs.

474 takes only causal dependences to be the basis for explanations. In this paper, I suggested a view of
475 explanation that relates to both these frameworks. I argued that some non-causal counterfactual
476 dependence relations also allow manipulation of the explanandum. This may be a good enough reason
477 for the mechanists to also accept some non-causal relations as explanatory. Moreover, whether
478 counterfactual-dependence relations allow manipulation may enable us to differentiate explanatory
479 from non-explanatory ones. A major advantage of this framework is that it suggests a general criterion
480 for explanatory value in the cognitive sciences without relinquishing non-causal explanations. In this
481 paper, I focused on relations of mathematical dependence in which the counterfactual dependence can
482 be determined analytically. Future work should discuss other counterfactual dependence relations and
483 how they can be identified. This can be a step towards a more unified view of explanations in the
484 cognitive sciences.

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493

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Figures

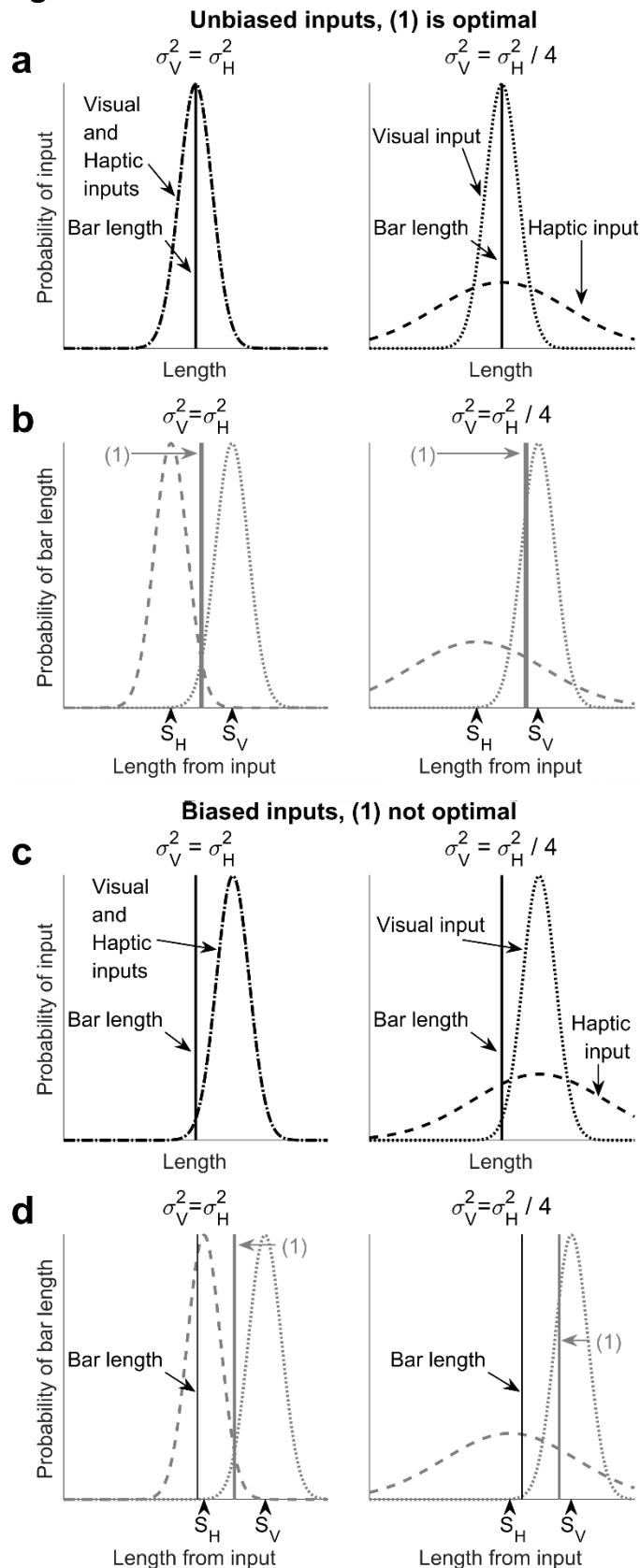


Figure 1 Equation (1) is an optimal estimate of the bar length when inputs are normally distributed around the actual bar length and is sub-optimal when inputs are biased (based on analyses from (Ernst and Banks 2002)). The probability distributions of the inputs given the actual bar length are denoted in black. The probability distributions of the bar length, given each input, are denoted in grey **(a-b)** Estimation is optimal when inputs are unbiased. **(a)** Probability distribution of inputs given the actual bar length. (σ_V^2) and (σ_H^2) are the variances of the visual and haptic inputs **(b)** Example of estimation of bar length using (1) from visual and haptic inputs. S_V and S_H are the visual and haptic inputs. Dotted and dashed gray distributions are the probability distributions of bar length from visual input alone, and haptic input alone, respectively. The line denoted by (1) is the estimated bar length according to eq. (1). On the left, the variances of the inputs are equal. On the right, the variance of the haptic input is much larger. Although the estimate from (1) is not exactly the actual bar length, it is optimal because on average it yields the minimal error. **(c-d)** same as in **(a-b)** for biased inputs. **(c)** Probability distributions are biased so that the expected values of these distributions are not equal to the actual bar length. **(d)** Example of estimates of bar length using (1) from visual and haptic inputs. True bar length is denoted in black. Legend otherwise is the same as in **(b)**. Because inputs are biased, the estimate given by (1) is not optimal.

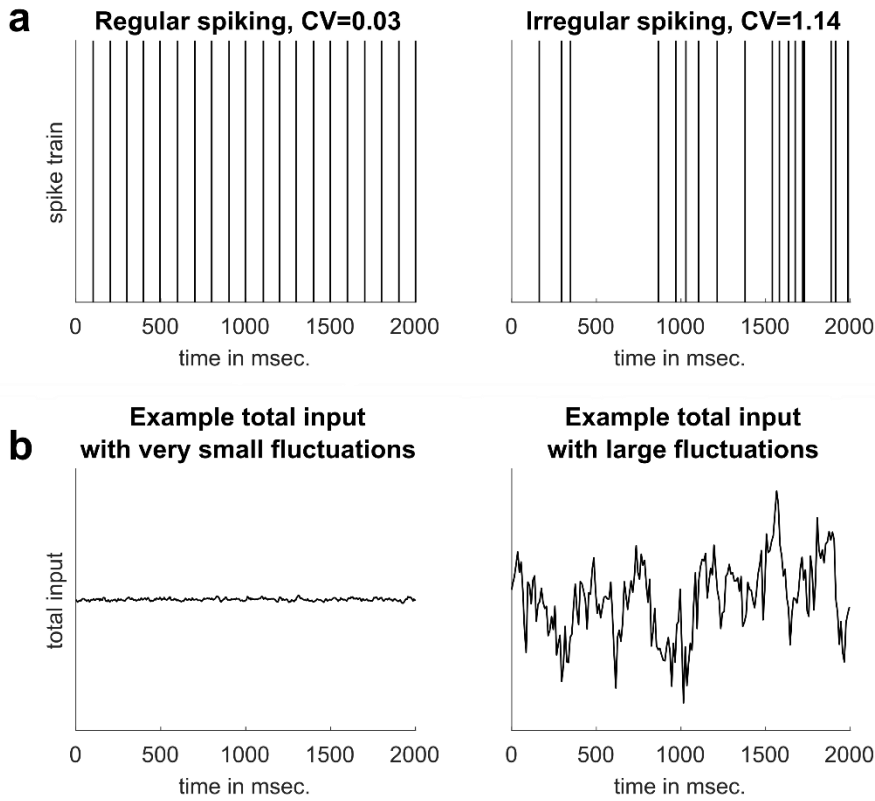


Figure 2 Simulated examples. **(a)** Spike trains of regularly and irregularly spiking neurons. Both neurons have an average firing rate of 10 spikes/s. **(b)** Simulated total synaptic input current. Left, synaptic input is barely fluctuating. This is the type of input we expect from many independent synapses. Right, synaptic input is highly fluctuating. This is the type of input we expect in the case that inhibitory and excitatory synaptic inputs are balanced.