Equivalent Gravities and Equivalence Principle: Foundations and experimental implications

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Abstract

The so-called Geometric Trinity of Gravity includes General Relativity (GR), based on spacetime curvature; the Teleparallel Equivalent of GR (TEGR), which relies on spacetime torsion; and the Symmetric Teleparallel Equivalent of GR (STEGR), grounded in nonmetricity. Recent studies demonstrate that GR, TEGR, and STEGR are dynamically equivalent, raising questions about the fundamental structure of spacetime, the under-determination of these theories, and whether empirical distinctions among them are possible. The aim of this work is to show that they are equivalent in many features but not exactly in everything. In particular, their relationship with the Equivalence Principle (EP) is different. The EP is a deeply theory-laden assumption, which is assumed as fundamental

in constructing GR, with significant implications for our understanding of spacetime. However, it introduces unresolved conceptual issues, including its impact on the nature of the metric and connection, its meaning at the quantum level, tensions with other fundamental interactions and new physics, and its role in dark matter and dark energy problems. In contrast, TEGR and STEGR recover the EP but do not rely on it as a foundational principle. The fact that GR, TEGR, and STEGR are equivalent in non-trivial predictions, but the EP is not necessary for TEGR and STEGR, suggests that it may not be a fundamental feature but an emergent one, potentially marking differences in the empirical content of the three theories. Thus, the developments within the Geometric Trinity framework challenge traditional assumptions about spacetime and may help to better understand some of the unresolved foundational difficulties related to the EP.

Keywords: General Relativity, Theories of Gravity, Equivalence Principle, Spacetime

Contents

1 Introduction

Despite General Relativity (GR) being considered the "standard theory" of gravity, there has never been a period in its history without serious alternatives being proposed and developed, with different approaches and motivations [\[1–](#page-23-0)[4\]](#page-23-1). Particularly in the last four decades, in the so-called "precision cosmology era", advancements in cosmological observations, gravitational wave physics and high precision tests have

highlighted significant shortcomings, both at theoretical and observational level, both at small (UV) scales, and at large (IR) scales. [\[1\]](#page-23-0).

Several authors find it natural and elegant to consider improving the gravitational components of field equations [\[1](#page-23-0)[–3\]](#page-23-2), by exploring extended or alternative theories of gravity. There are many types of approaches to modified gravity theories $[1, 2]$ $[1, 2]$: straightforward extensions like $f(R)$ gravity, Vector-Scalar-Tensor theories, where geometry can non-minimally couple to new fields; higher-order theories, where derivatives of metric components higher than second order can appear; theories with modified geometry; theories based on different principles, such as MOdified Newtonian Dynamics (MOND); unifying theories attempting to quantize gravity, and so on.

A general approach can be inserted in the context of the so-called metric-affine theories of gravity, which fall into the category of approaches where geometry is enlarged and improved [\[5\]](#page-23-4). In particular, in 1919 Palatini showed that the metric tensor and the affine connection, which constitute GR, can be considered as two different geometric structures and can be varied independently [\[6\]](#page-23-5). These considerations led to the development of theories where the field equations can be formulated in terms of other geometric invariants: the torsion tensor and the non-metricity tensor. Together with the curvature tensor, considering these three geometric objects, we can build up different theories, where GR is a particular case in a lake of more general metricaffine theories, where torsion and non-metricity are set to zero. Among these theories, it is of particular interest the so-called Geometric Trinity of Gravity [\[5,](#page-23-4) [7–](#page-23-6)[9\]](#page-23-7), which comprises GR, built upon the metric tensor and grounded on the curvature of spacetime; the Teleparallel Equivalent of GR (TEGR), formulated in terms of torsion of spacetime and relying on tetrads and spin connection; and the Symmetric Teleparallel Equivalent of GR (STEGR), built on nonmetricity and constructed from metric tensor and affine connection. For this reason, in this case we can speak of modified spacetime rather than modified gravity, as some authors suggested [\[10\]](#page-23-8).

Significantly, these three theories have been found to be dynamically equivalent to GR, as the names suggest, and the Geometric Trinity recently gained a lot of attention in both the theoretical $[5, 7-9, 11]$ $[5, 7-9, 11]$ $[5, 7-9, 11]$ $[5, 7-9, 11]$ and the philosophical literature $[12-$ [16\]](#page-24-2). From these recent theoretical developments, many questions arise. Should we consider TEGR and STEGR as proper alternative theories to GR or merely different dynamical formulations? Is it possible to empirically discriminate among them? If they are dynamically equivalent, is gravitation given by curvature, torsion, or non-metricity of spacetime at some fundamental level?

In this work, it will be shown that a closer inspection on the equivalent features reveals crucial differences among the theories, that is, their relation with respect to the Equivalence Principle (EP). The EP is one of the most important assumptions of GR, which has been famously called as the "midwife" who allowed Einstein to develop the theory [\[17,](#page-24-3) [18\]](#page-24-4). As we will see in detail, there are many open conceptual difficulties, which are direct or indirect consequences of the EP imposition at the foundation of the theory. Some of them puzzled Einstein himself until the very end of his life, such as the coincidence between the geodesic and the causal structure, or the fact that the fundamental object of the theory is the Riemannian metric $g_{\mu\nu}$ instead of the connection $\Gamma_{\mu\nu}^{\rho}$. The fact that the EP is such a theory-laden principle has led some

authors to describe it as a "beast" [\[18\]](#page-24-4), or a bunch of beasts, given all its different formulations.

Significantly, the Geometric Trinity suggests that there are viable theories of gravity which have not the necessity to impose the EP. The fact that these three representations of gravity are dynamically equivalent, and that the EP can be recovered but not at the foundation of TEGR and STEGR, suggests that the EP could be not a fundamental principle, but an emergent feature related to some symmetry or gauge [\[11,](#page-24-0) [19,](#page-24-5) [20\]](#page-24-6). Therefore, it will be argued that, at some level, the EP might constitute a direct difference in the empirical content between the three representations and could allow us to discriminate among them.

This result is relevant because, if it is the case, it could allow to relax this theoryladen assumption at fundamental level and address some of the open problems. This, in some sense, is in line with the intuition by Synge, who considered it only a midwife and not a fundamental feature of the world [\[17\]](#page-24-3).

The paper is organized as follows. In Sec. [2,](#page-3-0) the open fundamental difficulties entailed by the EP are discussed. In Sec. [3,](#page-8-0) recent results on the equivalent features in the Geometric Trinity of Gravity, relevant for this work, are presented. Then, in Sec[.4,](#page-13-0) the relation between the EP and the Geometric Trinity will be analysed. In Sec[.5,](#page-18-0) the epistemological and experimental implications will be discussed. In Sec. [6,](#page-21-0) conclusions are drawn.

2 General Relativity: assumptions and shortcomings

There are many significant conceptual difficulties that emerge from the assumption and the application of the EP, which are known in the physical and foundational literature, and which are sufficient to give to the EP the reputation of being "a beast" [\[18\]](#page-24-4).

Without entering in historical details, GR is built upon the EP, as well as upon other fundamental assumptions. There are various forms of the EP and many possible definitions for each form (see $[18]$ for a foundational review and $[4, 21, 22]$ $[4, 21, 22]$ $[4, 21, 22]$ $[4, 21, 22]$ for more theoretical and experimental reviews).

In its weaker form (WEP), the EP can be stated as the fact that all bodies fall in a gravitational field with the same acceleration, regardless of their mass or internal structure [\[4\]](#page-23-1). Then Einstein extended its scope, leading to the formulation of what is now known as the Einstein Equivalence Principle (EEP), which can be summarized as follows [\[4\]](#page-23-1):

- 1. The WEP is valid.
- 2. The outcome of any local non-gravitational experiment is independent of the velocity of the freely falling apparatus.
- 3. The outcome of any local non-gravitational experiment is independent of the location and time at which it is conducted in the universe.

Then, the definition of the EEP as the local validity of Special Relativity (SR) is now often called as the geometric formulation of the Strong EP (SEP). It can be stated as follows [\[4,](#page-23-1) [18\]](#page-24-4):

in any smooth four-dimensional manifold, it is possible to consider a small spacetime region where spatial and temporal gravitational changes are negligible. Therefore, there always exists a local inertial frame (LIF) where gravitational effects can be nullified.

In other words, inertial effects are locally indistinguishable from gravitational effects. Or to use the very words of Einstein from his definition of the EP [\[23\]](#page-25-0):

Gravity and inertia are the same in their very essence ('wesensgleich').

This link between the EEP and the local validity of SR was first underlined by Pauli in 1921 [\[18\]](#page-24-4). Where LIFs are defined by the Riemann theorem for every point $p \in M$, a manifold, in a local chart (U, ϕ) of p as [\[5\]](#page-23-4):

$$
g_{\mu\nu}(\phi(p)) = \eta_{\mu\nu}, \quad \nabla_{\lambda}g_{\mu\nu} = 0. \tag{1}
$$

Note that Einstein did not call it as the SEP, but simply as the EP [\[18\]](#page-24-4). So he basically saw what we now call the EEP and the geometric formulation of the SEP as strictly related concepts.

There are also other different formulations of the SEP, as the extension of the EEP also to bodies with non-negligible self-gravitational interactions and gravitational experiments [\[4\]](#page-23-1) (see [\[18\]](#page-24-4) for a discussion on the different definitions).

In the following, we will list eight foundational problems relevant for this work. They are:

i) Coincidence of the causal and the geodesic structure

As a consequence of the imposition of the SEP, the Christoffel symbols $\Gamma^{\rho}_{\mu\nu}$ coincide with the Levi-Civita connection, as we can see from the Levi-Civita theorem, which starts from the SEP [\[24\]](#page-25-1):

$$
\nabla_{\lambda} g_{\mu\nu} = 0 \to \Gamma^{\rho}_{\mu\nu} = \begin{Bmatrix} \rho \\ \mu\nu \end{Bmatrix}.
$$
 (2)

Therefore, assuming the SEP, the unique possible affine symmetric connection is the Levi-Civita one, which contains the derivatives of $g_{\mu\nu}$:

$$
\Gamma^{\rho}_{\mu\gamma} = \begin{Bmatrix} \rho \\ \mu\nu \end{Bmatrix} = \frac{1}{2} g^{\rho\gamma} (\partial_{\mu} g_{\lambda\nu} + \partial_{\nu} g_{\mu\lambda} - \partial_{\lambda} g_{\mu\nu}). \tag{3}
$$

Consequently, by construction, the Levi-Civita connection has no dynamics, but it is a by-product of the metric $g_{\mu\nu}$. Physically, it represents the apparent forces acting on the body due to the curved geometric background. This means that the metric $g_{\mu\nu}$ determines, at the same time, the causal structure (light cones with rods and clocks) and the geodesic structure (the free fall of test particles) [\[21,](#page-24-7) [24\]](#page-25-1). However, it is important to underline that a priori there is no relation between the connection $\Gamma^{\rho}_{\mu\nu}$ and the metric tensor $g_{\mu\nu}$, but it is a consequence of the imposition of SEP. In fact, this coincidence does not work anymore for extensions of GR as $f(R)$ [\[25\]](#page-25-2). This

unjustified coincidence is a first conceptual problem, which has been widely discussed in the literature (see e.g. [\[26\]](#page-25-3)).

ii) The metric as the fundamental object of the theory

The second problematic direct consequence of this picture is the following. As mentioned, in GR the real fundamental dynamical object is the metric tensor $g_{\mu\nu}$. However, it is not the gravitational field, but a set of potentials. The proper gravitational field is represented by the connection, as Einstein himself insisted many times [\[18,](#page-24-4) [27,](#page-25-4) [28\]](#page-25-5). It can be directly seen from the geodesic equation:

$$
\frac{d^2x^{\rho}}{d\tau^2} + \Gamma^{\rho}_{\mu\gamma}\frac{dx^{\mu}}{d\tau}\frac{dx^{\mu}}{d\tau} = 0, \qquad (4)
$$

where $\Gamma^{\rho}_{\mu\gamma}\frac{dx^{\mu}}{d\tau}\frac{dx^{\mu}}{d\tau}$ represents the generalization of the Newtonian forces.

This problem puzzled Einstein until the very end of his life, when he remarked again that the fundamental element should be the connection, and only indirectly the Riemannian metric $g_{\mu\nu}$ [\[29,](#page-25-6) pp. XVIII-XIX] (see also [\[30,](#page-25-7) p.9]). Moreover, in experiments, what we really measure are the forces (or the accelerations), which are represented by the connection $\Gamma^{\rho}_{\mu\nu}$. And as we have seen, the connections are the first derivatives of the metric and the second derivatives of the local inertial coordinates:

$$
\Gamma^{\rho}_{\mu\gamma} = \frac{dx^{\rho}}{d\xi^{\sigma}} \frac{d^{2}\xi^{\sigma}}{dx^{\mu}dx^{\gamma}}.
$$
\n(5)

Therefore, the quantity we observe in typical experiments is not related to the metric but to the connection, which in GR gains its dynamics from the former.

There were also other reasons for Einstein to not consider the metric $g_{\mu\nu}$ as the fundamental object, as the fact that it seemed to him too similar to the concept of Newtonian absolute space, the overcoming of which was one of his first objectives [\[18\]](#page-24-4).

Therefore, thanks to the SEP, spacetime is described by the double $\{M, g_{\mu\nu}\}\)$, i.e. the Riemannian manifold, where M is the manifold and $g_{\mu\nu}$ the metric tensor, that is the fundamental object.

iii) Tensions with new physics predictions

As a general consideration, it is possible to state that "new physics" naturally predicts the violation of the EP at some level. The simplest case to observe a violation of EP, in the weaker form, is by Scalar-Tensor Theories, where, in the Einstein Frame, the mediation of the "fifth force" causes a difference in the free fall between different objects [\[1\]](#page-23-0). Then, in theories featuring Quintessence, where the cosmological constant is replaced by a slowly evolving scalar field, one expects that the coupling of this field with matter induces gravitational forces that depend on the composition of the body. This clearly violates the EP. Scalar fields violating the EP are also predicted by theories involving extra dimensions, such as String Theory (ST). As argued in Ref.[\[31\]](#page-25-8), current precision levels of WEP tests (today 10^{-15} , as we will see in Sec. [5\)](#page-18-0) should not discourage further research, as ST could imply WEP violations even further. For this

reason, in Ref. [\[31\]](#page-25-8), it is suggests that the WEP experiments are the most sensitive tools that we have to test new physics. Similarly, some authors argue that quantum properties of gravity could have observable experimental consequences at low energies, such as the dependence of geodesic motion on the mass of test particles, as explored in [\[32,](#page-25-9) [33\]](#page-25-10). Other authors [\[34\]](#page-25-11) derive a direct violation of WEP at finite temperature from Quantum Field Theory. Then, famously, there is MOND (MOdified Newtonian Dynamics), which from observational constraints, should induce violations of the SEP [\[35\]](#page-26-0). Data from open clusters show a smaller mass discrepancy than would be required if MOND obey the SEP. Finally, it can be shown that MOND is just a particular case of some field theory (e.g. $f(R)$ gravity [\[36,](#page-26-1) [37\]](#page-26-2)) so SEP can be questioned as soon as one relaxes the hypothesis that GR is the "only" viable theory of gravity.

On this line, in Ref.[\[31\]](#page-25-8), it is suggested that any bias towards metric theories is entirely unjustified, both historically and from the perspective of contemporary fundamental physics.

iv) Validity of the EP at quantum level

A further significant issue is that we do not know if the EP is valid at quantum level. At the moment, we are only assuming its validity. We are not even sure if this principle could be generalized by the quantum formalism. There are attempts in this direction, but there are conflicting opinions among physicists [\[21,](#page-24-7) [38\]](#page-26-3). Since at quantum level particles behave like wave packets, it is difficult to make sense of the concepts of free fall universality or the identity between the gravitational and the inertial mass. Anyway, given quantum mechanics, we have no a priori reasons to postulate the EP validity.

v) Dark Energy and Dark Matter as possible geometric issues

There is also the problem of Dark Energy (DE) and Cold Dark Matter (CDM), on which there is a big debate in the community. As already mentioned, several authors find more elegant to consider altering the gravitational component of the field equations [\[1\]](#page-23-0) in order to address the dark phenomenology as a geometric problem, instead of a fluid one [\[39\]](#page-26-4). The main practical reason is that, up today, there is no final indication that dark side components could be addressed by new fundamental particle sector [\[40–](#page-26-5)[43\]](#page-26-6). This debate between the dark fluid hypothesis and modified gravity approaches is impressively widespread in the community of philosophers of physics [\[3,](#page-23-2) [44](#page-26-7)[–46\]](#page-26-8), with particular focus on the metric postulate. Authors argued that since any viable metric theory of gravity finds dark matter in the sieve [\[47\]](#page-27-0), it could be the case that a non-metric theory of gravity could help in better understanding this problem.

The interesting thing is that, similarly to GR, where we can extend it to $f(R)$ gravity, $f(T)$ and $f(Q)$ gravity are the extensions of TEGR and STEGR, respectively. Where R is the Ricci curvature scalar, T is the torsion scalar and Q the non-metricity scalar, while $f(R)$, $f(T)$ and $f(Q)$ are more general functions of them. The dynamical equivalence in the Geometric Trinity holds only for theories linear in the scalar invariants and not for the extensions, for different reasons [\[5,](#page-23-4) [9,](#page-23-7) [48\]](#page-27-1). Firstly, the extensions give rise to dynamics with different degrees of freedom. In particular, in $f(R)$ gravity, we have field equations of fourth order, in metric representation, whereas $f(T)$ and

 $f(Q)$ still remains of second-order. In addition, in $f(T)$ and $f(Q)$, we cannot choose, in general, a gauge to simplify the calculations, as in the cases of TEGR and STEGR. The point is that similarly to the fact that $f(R)$ theories are being studied to re-solve shortcomings of GR at different scales (see [\[1\]](#page-23-0)), also the extensions of TEGR and STEGR show interesting features in this direction. Physicists are already exploring $f(T)$ and $f(Q)$ gravities to study not only DE but also large structures, bouncing cosmologies, quantum cosmology, relativistic MOND theories, cosmography, inflation and gravitational waves (see for instance [\[48,](#page-27-1) [49\]](#page-27-2)).

Therefore, the exploration of these alternatives to GR may provide a promising path to a successor and more fundamental theory. We can say "more fundamental" because TEGR and STEGR have not to postulate the EP, as we will see, so they could be regarded as generalizations of GR, as Einstein already guessed.

vi) Difference with other fundamental interactions

The EP sets gravity apart from other fundamental interactions of Nature. In today theoretical physics, it is believed to be very important to formulate theories as gauge theories, since it works so well with other fundamental interactions [\[50\]](#page-27-3). The interesting fact is that gravitation can be reformulated as a gauge theory properly without assuming the EP in any form [\[5\]](#page-23-4).

vii) Epistemic justification of the coincidence between m_G and m_I

There is the foundational problem of how we can justify the coincidence between gravitational and inertial mass, which is the basis of the formulation of the WEP. For Newton, the mass of any body, understood as the property of the body itself to respond to a force, corresponded to its "weight", which is its property to respond to gravity. In modern terms, we would say that inertial mass m_I is equal to passive gravitational mass m_G , terms coined by Bondi [\[51\]](#page-27-4). Einstein said that it was precisely the famous Eötvös experiments on the equivalence between m_I and m_G that directly inspired him in the formulation of the EEP [\[18\]](#page-24-4) and which, in fact, constitutes one of its cornerstone.

Today, for many people, this equivalence might seem obvious, but back then, it was not, and it would not be even today if we "forgot" to acknowledge this principle. In other words, *prima facie*, there are no reasons to postulate the identity $m_G \equiv m_I$, and it is not related to some fundamental symmetry. Einstein himself embraced it from empirical reasons. So apart from observations, how one could even imagine this equivalence?

viii) Curvature over torsion of spacetime

It is important to underline that in GR, torsion of spacetime is set to zero a priori, since with the imposition of the SEP, Einstein chose the symmetric connection, the Levi-Civita one, and so curvature of spacetime. In 1922, Cartan explored a different direction, considering a natural extension of GR constituted not only by the Levi-Civita connection, but also by the torsion tensor, that is the antisymmetric part of a metric compatible affine connection. In this way, he developed a geometric formulation where he suggested that torsion can be physically related to the intrinsic (quantum) angular momentum of matter and it vanishes in vacuum [\[5\]](#page-23-4). Einstein himself, in the period 1923 – 1933, tried different geometries for the construction of a unified field theory [\[30,](#page-25-7) p.57]. In 1928, he published his first paper on "fernparallelism", or teleparallelism [\[52\]](#page-27-5). As we will see in more detail, since TEGR is found to be dynamically equivalent to GR, classical tests that were understood to confirm the curvature of spacetime can similarly be understood as confirming the torsion of spacetime. This is known as the problem of geometric under-determination [\[12,](#page-24-1) [14\]](#page-24-9).

A priori, why prefer curvature over torsion of spacetime? Similar considerations can be applied also to non-metricity, but curvature and torsion are easier to think about metaphysically. It is natural to our mind to think that a massive object can cause curvature of spacetime. However, prima facie, it is natural, in a similar way, to think that a massive object could cause also torsion. Consider, for instance, a rotating black hole.

So GR assumes a priori the SEP, and therefore curvature. The Geometric Trinity challenges also this fundamental assumption on spacetime focusing only on equivalence of dynamics.

In conclusion, there are many conceptual difficulties as direct or indirect consequences of the EP. As it will be argued in the next sections, the framework of metric-affine theories and the relaxation of the assumption of the EP could help in addressing these issues, apparently maintaining the same consolidated successes.

3 Equivalent Gravities

We will now summarize the main achievements of Geometric Trinity which are relevant for the present discussion. We refer to some recent works [\[5,](#page-23-4) [7,](#page-23-6) [11,](#page-24-0) [53\]](#page-27-6).

As we have previously seen, the GR spacetime is assigned by the double

$$
\{M, g_{\mu\nu}\},\tag{6}
$$

due to the imposition of the EP. On the contrary, following the Palatini approach [\[54\]](#page-27-7), the metric $g_{\mu\nu}$ and the connection $\Gamma^{\rho}_{\mu\nu}$ can be varied independently. In this case, spacetime is assigned by the triple:

$$
\{M, g_{\mu\nu}, \Gamma^{\rho}_{\mu\nu}\},\tag{7}
$$

where $g_{\mu\nu}$ determines the causal structure while the connection $\Gamma^{\rho}_{\mu\nu}$ determines the free fall [\[7\]](#page-23-6).

Einstein himself recognized as significant the Palatini method, since it represents a simplification of the relativistic formalism [\[29,](#page-25-6) p. XXIII], or a generalization, we would say. With the Palatini approach, the connection $\Gamma^{\rho}_{\mu\nu}$ can be written in a more general form considering the *affine* connection $[7, 8]$ $[7, 8]$:

$$
\Gamma^{\rho}_{\mu\nu} = \begin{Bmatrix} \rho \\ \mu\nu \end{Bmatrix} + K^{\rho}_{\mu\nu} + L^{\rho}_{\mu\nu}.
$$
 (8)

9

Figure 1 Typical way of defining the three geometrical invariants [\[5,](#page-23-4) [8\]](#page-23-9). There is curvature of spacetime if after having paralleling transported a vector along a closed loop, there is a non-zero angle between the initial and final vectors. There is torsion of spacetime if by paralleling transporting two vectors one along the other, it is not possible to close the parallelogram. Finally, non-metricity occurs if there is a change in the length of the vector when it is moved along a curve.

Where $\begin{Bmatrix} \rho \\ \mu\nu \end{Bmatrix}$ is the Levi-Civita connection, $K_{\mu\nu}^{\rho}$ and $L_{\mu\nu}^{\rho}$ are the contortion and the disformation tensors, respectively $[8]$:

$$
K^{\rho}_{\mu\nu} = \frac{1}{2} (T^{\rho}_{\mu\nu} + T^{\rho}_{\nu\mu} - T^{\rho}_{\mu\nu})
$$
\n(9)

$$
L^{\rho}_{\mu\nu} = \frac{1}{2} (Q^{\rho}_{\mu\nu} - Q^{\rho}_{\mu\nu} - Q^{\rho}_{\nu\mu}). \tag{10}
$$

 $T^{\mu}_{\nu\rho}$ and $Q_{\mu\nu\rho}$ are the torsion and the non-metricity tensors, and $R^{\mu}_{\nu\rho\sigma}$ is the curvature tensor [\[8\]](#page-23-9):

$$
R^{\mu}_{\nu\rho\sigma} = \partial_{\rho} \Gamma^{\mu}_{\nu\sigma} - \partial_{\sigma} \Gamma^{\mu}_{\nu\rho} + \Gamma^{\mu}_{\tau\rho} \Gamma^{\tau}_{\nu\sigma} - \Gamma^{\mu}_{\tau\sigma} \Gamma^{\tau}_{\nu\rho}, \tag{11}
$$

$$
T^{\mu}_{\nu\rho} = \Gamma^{\mu}_{\rho\nu} - \Gamma^{\mu}_{\nu\rho} \neq 0, \tag{12}
$$

$$
Q_{\mu\nu\rho} = \nabla_{\mu} g_{\nu\rho} = \partial_{\mu} g_{\nu\rho} - \Gamma^{\lambda}_{\mu\nu} g_{\mu\rho} - \Gamma^{\lambda}_{\mu\rho} g_{\lambda\nu} \neq 0.
$$
 (13)

As one can see in Fig. [1,](#page-9-0) the curvature tensor encodes the variation of the angles in a parallel transport along a closed curve on a manifold; the torsion tensor encodes how the tangent space twists around a curve when we parallel transport two vectors along each other; non-metricity encodes the variation of vectors' length when they are moved along a curve [\[8\]](#page-23-9).

With these three geometrical objects, we can build all the possible metric-affine theories, as can be seen in Fig. [2.](#page-10-1)

As anticipated, several authors [\[5,](#page-23-4) [7,](#page-23-6) [11,](#page-24-0) [53\]](#page-27-6) claim that TEGR and STEGR can be formulated to be dynamically equivalent to GR in multiple features. Thus, in the following we are going to analyse the features in which the equivalence arises.

Figure 2 A map of the possible metric-affine theories. GR is a particular theory where torsion and non-metricity are set to zero (see also [\[5,](#page-23-4) [8\]](#page-23-9)).

3.1 Equivalence of Lagrangians

Firstly, there is an equivalence at the Lagrangian level. In fact, GR dynamics can be derived from the Hilbert-Einstein action [\[5\]](#page-23-4):

$$
S_{GR} = \frac{c^4}{16\pi G} \int d^4x \sqrt{-g} \left(\mathcal{L}_{GR} + \mathcal{L}_m \right), \tag{14}
$$

where $\mathcal{L}_{GR} = R$ and R is the Ricci curvature scalar; \mathcal{L}_m is the matter Lagrangian.

In TEGR and STEGR the same dynamics can be recovered, up to a boundary term. In TEGR, with $\mathcal{L}_{TEGR} = -T$, i.e. the torsion scalar, we have [\[5\]](#page-23-4):

$$
S_{TEGR} = \frac{c^4}{16\pi G} \int d^4x \ e \ \mathcal{L}_{TEGR} + \int d^4x \ e \ \mathcal{L}_m \tag{15}
$$

$$
R = -T - \frac{2}{e} \partial_{\mu} (eT^{\mu})
$$
\n(16)

$$
T = \frac{1}{2} S_A^{\mu\nu} T_{\mu\nu}^A = \frac{1}{2} (K_A^{\mu\nu} - e_A^{\nu} T^{\mu} + e_A^{\mu} T^{\nu}) T_{\mu\nu}^A, \tag{17}
$$

where $T_{\alpha}^{\alpha\mu} = T^{\mu}$ is the torsion vector and K_{BA}^C the contortion tensor. $S_A^{\mu\nu}$ is the superpotential $S_A^{\mu\nu} = K_A^{\mu\nu} - e_A^{\nu} T^{\mu} + e_A^{\mu} T^{\nu}$. And e denotes the determinant of e_A^{μ} .

Similarly, in STEGR, with $\mathcal{L}_{STEGR} = Q$, the non-metricity scalar, we have [\[7,](#page-23-6) [55\]](#page-27-8):

$$
S_{STEGR} = \frac{c^4}{16\pi G} \int d^4x \sqrt{-g} (\mathcal{L}_{STEGR} + \mathcal{L}_m)
$$
(18)

$$
Q = g^{\mu\nu} (L^{\alpha}_{\beta\mu} L^{\beta}_{\nu\alpha} - L^{\alpha}_{\beta\alpha} L^{\beta}_{\mu\nu}) = R + \nabla_{\mu} (Q^{\mu} - \bar{Q}^{\mu}), \qquad (19)
$$

where $Q_{\alpha} = Q_{\alpha\lambda}^{\lambda}$ and $\bar{Q}_{\alpha} = Q_{\alpha\lambda}^{\lambda}$.

First of all, the equivalence among the three theories is evident at Lagrangian level, up to a boundary term. As mentioned, this equivalence does not hold for extensions like $f(R)$, $f(T)$, and $f(Q)$ [\[9\]](#page-23-7).

3.2 Equivalence of the field equations

Secondly, the same comparison can be developed at the level of field equations. We can start from the Bianchi identities, which have the important role to link the field equations with the conservation laws of the gravity tensor invariants and the energymomentum tensor. Also in this case, the equivalence of the three formulations can be achieved.

The most general second Bianchi identity is the following [\[8\]](#page-23-9):

$$
\nabla_{\lambda}R^{\alpha}_{\beta\mu\nu} + \nabla_{\mu}R^{\alpha}_{\beta\nu\mu} + \nabla_{\nu}R^{\alpha}_{\beta\lambda\mu} = T^{\rho}_{\mu\lambda}R^{\alpha}_{\beta\nu\rho} + T^{\rho}_{\nu\lambda}R^{\alpha}_{\beta\mu\rho} + T^{\rho}_{\nu\mu}R^{\alpha}_{\beta\lambda\rho}.
$$
 (20)

In GR, since we have no torsion and non-metricity, we derive the Einstein field equations (EFE) in vacuum:

$$
\nabla_{\mu}(\stackrel{\circ}{R^{\mu\nu}} - \frac{1}{2}g^{\mu\nu}\stackrel{\circ}{R}) = 0, \qquad (21)
$$

where the notation \hat{R} stands for quantities built up on the Levi-Civita connection, i.e. in this case the Ricci tensor.

In TEGR, having vanishing curvature and non-metricity, via the Weitzenböck gauge, we obtain an equivalent expression of the EFE which is [\[5\]](#page-23-4):

$$
R^{\alpha}_{\beta\mu\nu} = \stackrel{\circ}{R^{\alpha}}_{\beta\mu\nu} + K^{\alpha}_{\beta\mu\nu}
$$
 (22)

$$
R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}R = -K_{\mu\nu} + \frac{1}{2}g_{\mu\nu}K
$$
\n(23)

$$
K_{\mu\nu} - \frac{1}{2}g_{\mu\nu}K = 0
$$
\n(24)

Similarly, in STEGR, since there is no curvature and torsion, and via the coincident gauge, we obtain equivalent field equations [\[5\]](#page-23-4):

$$
R^{\alpha}_{\beta\mu\nu} = \stackrel{\circ}{R^{\alpha}}_{\beta\mu\nu} + L^{\alpha}_{\beta\mu\nu} \tag{25}
$$

$$
R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}R = -L_{\mu\nu} + \frac{1}{2}g_{\mu\nu}L
$$
\n(26)

12

$$
L_{\mu\nu} - \frac{1}{2}g_{\mu\nu}L = 0
$$
\n(27)

Therefore, despite being built on different principles and geometric objects, equivalent formulations of the EFE can also be derived in TEGR and STEGR.

Since the same field equations have been obtained, the same exact solutions, under the same symmetries and boundary conditions, have to be achieved. The Schwarzschild solution, i.e. the spherically symmetric solution, and the validity of the Birkhoff theorem can be derived in all the three formulations [\[5,](#page-23-4) [53\]](#page-27-6). This is important, since if the field equations and their solutions are the same, we have the same empirical predictions. For instance, the classic tests of the trajectories of massive bodies and photons, according to the Schwarzschild solution of the field equations, confirm in the same way GR, TEGR and STEGR. So we cannot say anymore that these classic tests are corroborations of GR and of spacetime curvature [\[14\]](#page-24-9).

3.3 The role of the geometric Strong Equivalence Principle

Finally, theorists have found another significant dynamical equivalence, that is the recovery of the SEP [\[5,](#page-23-4) [53\]](#page-27-6).

Briefly, TEGR is built upon tetrads e^A_μ , which describe gravity, and spin connections $\omega_{B\mu}^A$, which account for inertial effects. Tetrad fields are geometric constructions which establish a relation between the manifold and its tangent spaces as a soldering agent. On the other hand, the spin connections account for inertial effects in rotated frames. The coordinates of the two frames are related with Lorentz transformations.

One can write also GR with tetrads $\mathring{\omega}_{B\mu}^A$, relating the Levi-Civita connection with the Lorentz connection [\[5,](#page-23-4) [7\]](#page-23-6):

$$
\overset{\circ}{\omega}_{B\mu}^{A} = e_{\lambda}^{A} e_{B}^{\nu} \Gamma_{\mu\nu}^{\lambda} + e_{\sigma}^{A} \partial_{\mu} e_{B}^{\sigma} = e_{\nu}^{A} \nabla_{\mu} e_{B}^{\nu},\tag{28}
$$

which account for both gravitational and inertial effects in GR. In this way, as shown by several authors, from the General Covariance Principle we can demonstrate the relation between GR and STEGR in the following way [\[5,](#page-23-4) [53\]](#page-27-6):

$$
\omega_{B\mu}^C - K_{B\mu}^C = \stackrel{\circ}{\omega}_{B\mu}^C,\tag{29}
$$

where $K_{B\mu}^C$ accounts for gravitation in TEGR and $\overset{\circ}{\omega}_{B\mu}^C$ for both gravitation and inertia in GR. Therefore, in a LIF, where the GR spin connection vanishes $\mathring{\omega}_{B\mu}^{A} = 0$, we obtain the identity between the inertial effects and gravitation in TEGR:

$$
\omega_{B\mu}^C = K_{B\mu}^C,\tag{30}
$$

which recover the geometric formulation of the SEP defined in Sec. [2.](#page-3-0) Here it is evident how in TEGR we have the separation of gravitational and inertial effects, the former identified by the contortion tensor and the latter by the spin connection. For some authors, this possibility of separation is one of the most important properties of TEGR

[\[53\]](#page-27-6). With respect to STEGR, writing its connection by tetrads e^{α}_{β} [\[5\]](#page-23-4):

$$
\Gamma^{\alpha}_{\mu\nu} = (e^{-1})^{\alpha}_{\beta} \partial_{\mu} e^{\beta}_{\nu}, \qquad (31)
$$

without curvature and torsion, and by a particular transformation of coordinates, we can arrive at the coincident gauge [\[5,](#page-23-4) [55\]](#page-27-8):

$$
\Gamma^{\alpha}_{\mu\nu} = \frac{\partial x^{\alpha}}{\partial \xi^{\lambda}} \partial_{\mu} \partial_{\nu} \xi^{\lambda} = 0.
$$
 (32)

The vanishing of the connection physically means that the origin of the tangent space and the one of the manifold are coincident, which is the geometric formulation of the SEP [\[5\]](#page-23-4). The geometric formulation of the SEP is then recovered also in STEGR, via the coincident gauge.

Therefore, as we can see, in TEGR and STEGR, the SEP is not postulated but emerges as a result of a gauge choice.

In conclusion of this section, we can summarize the significant results in Geometric Trinity as:

- The equivalence at Lagrangian level (up to a boundary term) holds.
- The equivalence of field equations holds starting from the general second Bianchi identities.
- $\bullet\,$ The same solutions of the field equations are recovered in all the three theories.
- The geometric formulation of SEP is recovered in TEGR and STEGR, even though such a principle is not at their foundation.

In the following section, we are going to discuss these equivalences with particular focus on their epistemic and experimental implications.

4 Epistemological considerations on Equivalent Gravities

4.1 High degree of under-determination

We have seen that there is a high degree of under-determination among the Geometric Trinity of Gravity, as already pointed out both in the physical [\[5,](#page-23-4) [7,](#page-23-6) [53\]](#page-27-6) and the foundational [\[12](#page-24-1)[–14,](#page-24-9) [56\]](#page-27-9) literature. This causes both various epistemological and metaphysical problems. In this work we focus particularly on if and how we can distinguish experimentally among them. As we will see, there is a crucial hidden difference in the meaning of the EP in the three theories. This fact could represent a difference in the empirical content of the three theories. We think that this difference is strictly related to the assumptions of GR on the spacetime structure and on the fundamental objects of the theory.

However, before coming into the details of the central argument of this work, it is important to introduce the epistemic tools that will be exploited. They are extensively

discussed among philosophers of physics and epistemologists in the context of high degrees of under-determination.

The landscape of theoretical physics has evolved in the last 2-3 decades, because for most theories beyond the Standard Model of Particles and Quantum Gravity, empirical data are either scarce or completely absent. Nevertheless,theories like ST, Supersymmetry or Cosmic Inflation have all been defended for decades, although none of the classical methodologies seem to straightforwardly apply. While experimental testing remains the gold standard, the use of analogue experiments and the so-called non-empirical ways of theory assessment, or meta-empirical, have been proposed, especially in fundamental physics and cosmology. The issue is particularly relevant because today, fundamental physics clearly is not driven by perspectives of technological utilization in a few years, and the typical time scale for that intermediate state has grown beyond one generation of scientists. During most of the 20th century, fundamental physics was perceived as a scientific field where theories typically could be empirically tested within a reasonable time frame. But today the situation is different. Moreover, even concerning proper experimental tests, contemporary experiments are far more intricate, and the evaluation and interpretation of the data are subtle and by no means trivial matters.

These are some of the reasons why some philosophers of physics have delved into this idea and formulated theories of "confirmation" that make the corresponding intuition more rigorous. This approach (see for instance [\[57](#page-27-10)[–59\]](#page-27-11)) exploits Bayesian Confirmation Theory and deeply relies on the practice of exploring and constraining the theory space. In fact, when scientists find that despite substantial efforts, no alternative viable hypothesis are capable of explaining some scientific problem, they tend to place more trust in the existing theory. This is indeed called the "No Alternatives Argument". These approaches are called "meta-empirical", since they are not empirical in the common sense, but still involve observations. For a general Bayesian formalization of this argument and a proof that it counts as evidence, see Ref. [\[60\]](#page-28-0), as well as for its limits.

Note that we have not to confuse the use of the concept of non-empirical "confirmation" as the confirmation of a theory in the traditional sense.

Anyway, in this framework of constraining theory space, authors are developing some interesting tools to address cases of under-determination and assess untested hypotheses among competing theories.

In Ref. [\[61\]](#page-28-1), the author develops an epistemological reflection on the theoretical exploration of alternative theories, which fits perfectly with the material of this work, allowing for a more precise formulation of the argument. In the following, the general argument of $[61]$ will be briefly introduced, and then it will be applied to our specific case. See Ref. [\[61\]](#page-28-1) also for the limits of the approach.

Let us assume we are interested in whether we can trust the predictions of some theory $Th.$ We have made a large set of observations which are in agreement with the prediction P_1 of Th and therefore confirm it. Suppose that Th also makes the predictions P_2 and P_3 . We usually will have some confidence in these predictions of Th , as it has so far been an empirically successful theory. So the previous empirical

success warrants an increase in our trust regarding the novel predictions P_2 and P_3 of Th.

Now let's assume that for some reason we will not be able to conduct experiments on P_2 and P_3 . In these circumstances, we cannot further assess these predictions based on empirical data. Now assume that someone comes up with an alternative theory, say Th' , which happens to also predict the set of observations P_1 and it is therefore similarly confirmed by it. In addition, Th' predicts P_2 but disagrees about P_3 . Let us denote the predictions by:

Predictions
$$
(Th) = \{P_1, P_2, P_3...\}
$$

Predictions $(Th') = \{P_1, P_2, \neg P_3...\}$

How will the existence of this additional theory impact ones believe regarding the predictions P_2 and P_3 ? The same available empirical data, i.e. P_1 , confirms two competing theories, which agree with respect to one prediction, P_2 , and disagree with respect to another prediction, P_3 . If we have no reason to trust one theory more than the other, then the proposal of the competing theory Th' should lead to an increase in our trust regarding the prediction P_2 , while it leads to a decrease with respect to the prediction P_3 . Now imagine further, scientists come up with another theory Th'' , which agrees with respect to the prediction P_2 and disagree with respect to P_3 :

Predictions
$$
(Th) = \{P_1, P_2, P_3...\}
$$

Predictions $(Th') = \{P_1, P_2, \neg P_3...\}$
Predictions $(Th'') = \{P_1, P_2, \neg P_3...\}$

It is reasonable to assume that we would slowly become more and more certain about P_2 being a feature of the world we live in but not about P_3 . This is more evident when we have agreement on multiple non-trivial risky predictions:

Predictions
$$
(Th) = \{P_1, P_2, P_3, P_4, P_5, ...\}
$$

Predictions $(Th') = \{P_1, P_2, P_3, P_4, \neg P_5, ...\}$
Predictions $(Th'') = \{P_1, P_2, P_3, P_4, \neg P_5, ...\}$

Therefore, if this argument is right, this counts as an evidence, a meta-empirical evidence, against the hypothesis P_5 . This counts not as an *empirical* observation, but as a meta-empirical observation. Counting as an observation, it affects the posterior probability of the validity of P_5 , as other empirical evidence [\[60\]](#page-28-0). Again, if also all the other competing theories would have had P_5 as a prediction, this would have been counted as a meta-empirical evidence in its favor. To be clear, in no way this is a posterior evidence with the same strength of an empirical one, but it still counts as evidence.

In this way, the exploration of competing alternatives allows us to better assess the untested predictions of the theory. Therefore, the practice of exploring theory space is highly powerful especially in contexts with high degrees of under-determination [\[61\]](#page-28-1). As anticipated, the context of Geometric Trinity is properly one of them. In fact, one of the main problems of this debate is that, even conceptually, it turns out that it is difficult to sharply distinguish between predictions of different theories of

gravity. This means that they often do not lead to clear observational differences. The result is that every proposal that is viable mimics every other proposal that is viable, both empirically and conceptually. This is primarily because modified gravity scenarios, both extensions and alternatives, are victims of the GR success, so they have to reproduce its phenomenology in many features.

4.2 The debate on the Equivalence Principle

As we have seen, despite the fact that TEGR and STEGR are built on different foundation principles with respect to GR, physicists claim that they both recover the SEP, which is of course a necessary condition for a consistent theory of gravity, at least at classical level. However, it is often overlooked that there is a crucial difference in their relation with the SEP. In GR, EP is the fundamental assumption of the theory, while, in TEGR and STEGR, it is not postulated a priori but it is recovered a posteriori. As it will be argued here, this fact could represent a possible important difference in the empirical content of theories in Geometric Trinity, since if it is not fundamental, there is the possibility that, at some level, it could be not valid.

Moreover, this result seems sufficient to regard TEGR and STEGR as different proper theories, instead of mere mathematical reformulations of GR, as some authors suggested [\[56\]](#page-27-9). According to that perspective, it was possible that the underdetermination among the Geometric Trinity would later turn out to be an ill-posed problem. On the contrary, the recent theoretical advancements seem to have clarified this point.

Given the results highlighted in Sec. [3,](#page-8-0) we can now apply the epistemological consideration just introduced above, that is:

On the left, the general epistemic argument is shown given by [\[61\]](#page-28-1) and explained before; on the right there is the application to Trinity Gravity. It seems that this case fits perfectly with the above general epistemological considerations.

Following the five predictions discussed in [3,](#page-8-0) L stands for the equivalence at the Lagrangian level, FE for the field equations derived from the second Bianchi identity, and S for the solutions of the FE . Then C stands for cosmological applications. In fact, cosmological observations can be considered very important evidence for GR, but since we can now build cosmological models also with TEGR and STEGR, their predictive power in cosmology should be taken into account as well. In fact, people are already studying cosmological applications of TEGR and STEGR (see for instance [\[48,](#page-27-1) [49\]](#page-27-2)). So we cannot anymore say that cosmological observations are evidence for GR only.

Finally, FEP stands for Fundamental Equivalence Principle. As demonstrated before, in TEGR and STEGR, the EP is not fundamental, and so we can write $\neg FEP$. In other words, we can say that TEGR and STEGR predict an *EMergent Equiva*lence Principle, or $EMEP$, instead of a FEP . This does not mean a prediction for a

Figure 3 The figure shows how the three theories differ with respect to the EP. In GR, EP is at the foundation of the theory and without it the other predictions are not possible; without the root, the branches would not exist. In TEGR and STEGR, on the contrary, the EP is not at the foundation, but it is a lateral branch (the SEP, in particular), recoverable through the general covariance principle and via the coincident gauge, respectively. L: Lagrangians, FE : field equations, S: solutions of the $FE, C:$ cosmological applications.

violation of the EP, but only that TEGR and STEGR do not have the EP at their foundation, i.e. they do not share the prediction FEP . In fact, the prediction $EMEP$ is, in some sense, shared by all the three theories, since an EMEP is contained in FEP. If the EP is fundamental, it has to be always valid at any level, and so it is also valid at emergent levels, but the contrary is not necessarily the case. In other words, the FEP implies the $EMEP$, but the $EMEP$ does not imply the FEP :

$$
FEP \to EMEP \tag{33}
$$

$$
EMEP \nrightarrow FEP \n\tag{34}
$$

The meaning of this difference can be seen more clearly in the geometric definition of SEP. As observed, in GR, where the FEP holds, it must always be possible to find a LIF in which gravitational effects can be nullified. In contrast, in TEGR and STEGR, this is not necessary, although it remains possible.

So, there is now a new beast in the bunch of beasts [\[18\]](#page-24-4), the EMEP.

As argued, this situation decreases our confidence in that hypothesis on which the equivalent theories do not agree. That is to say, if the argument is correct, our confidence in the fundamentality of the EP is decreased.

This argument is also independent of the history of the theory itself. In fact, imagine that both TEGR and STEGR would be built only with the EP as a foundation; imagine that L, FE , S and C were derivable only if FEP was valid, i.e. only assuming the EP. Then our confidence in the EP as a necessary principle of any consistent theory of gravity would be increased. In the terms previously defined, this observation would have counted as a meta-empirical evidence for the hypothesis FEP , and consequently for a metric theory of gravity. It would have been considered evidence in favor of FEP because, after searching for an alternative hypothesis to FEP to build a viable and coherent theory of gravity, physicists would not have found it. Therefore, as shown

above, the posterior probability of the FEP hypothesis would be increased. But the results are pointing to exactly the opposite. In fact, both TEGR and STEGR can recover the EP, but it is not at their foundation, i.e. they do not predict FEP. See Fig. [3.](#page-17-0)

More precisely, any viable theory of gravity has to recover the EP, at least at the scales and at the levels of accuracy of the present experiments. So the fact that TEGR and STEGR can recover the EP is an important feature. This is one of the reason why it is difficult to distinguish empirically among the three theories, since TEGR and STEGR necessarily have to recover the experimental tests of GR. But properly the fact that the EP is not at the foundation of them constitutes a possible important difference from the empirical content.

In other words, this argument shows that EP is not a principle necessary present in all viable theories of gravity, but it is an assumption on which GR is built.

5 Discussion

5.1 Implications and limits of the argument

In the general example presented at the beginning of Sec. [4,](#page-13-0) we mentioned non-tested hypotheses. In this perspective, one could think that the EP is instead a well tested hypothesis. However, the argument considers not the EP itself, but the *fundamentality* of the EP, which is not decisively tested. In fact, especially at quantum level, the EP is tested but not decisively tested. The situation would instead radically change if a fundamental theory, requiring EP at any level, were formulated.

On the other hand, one could include, in the argument, all theories predicting the violation of the EP, in order to show that also these theories disagree with the hypothesis FEP. However, these theories are not really dinamically equivalent to GR as in the case of TEGR and STEGR. Even if some of them would recover the GR phenomenology, at today status of art, they cannot be considered the final theory of gravity. They may have good empirical and observational evidences in different regimes and scales, as in the case of MOND, but they give not the same predictions $P_1, ..., P_n$. Therefore, the same epistemic considerations would not be valid.

Then, we can briefly see how the eight conceptual difficulties presented in Sec. [2](#page-3-0) are, at least, mitigated by these results.

The first two problems (i) and (ii) can be addressed thanks to the Palatini formalism, where the metric $g_{\mu\nu}$ and the connection $\Gamma^{\rho}_{\mu\nu}$ are independent, with $g_{\mu\nu}$ determining the causal structure and $\Gamma^{\rho}_{\mu\nu}$ the free fall, i.e. the geodesic structure. In this way, the connection becomes the true fundamental dynamical variable and the observable of the theory. Following the words by Einstein, the metric is "dethroned" and becomes an "ancillary variable" (see Ref. [\[6\]](#page-23-5) and references therein).

The tension with new physics predictions (iii) , with quantum mechanics (iv) and the unjustified a priori coincidence between m_I and m_G (vii) would be resolved, since the EP could be considered as an emergent feature, recoverable but not postulated. So the only requirements would be the compatibility of theories with experimental constraints.

Then, TEGR and STEGR allow gravity to be reformulated as a gauge theory (vi) , and their extensions $f(T)$ and $f(Q)$ could be studied in order to search for a geometrical solution to DE and CDM problems (v).

Finally, without imposing the EP, we are not privileging the spacetime structure over torsion or non-metricity a priori (viii). The geometric under-determination would remain, but the correct spacetime structure would no longer be determined by a postulate.

With respect to the limits of the argument, there are a couple of useful considerations. First, the argument would not be valid if TEGR and STEGR were revealed as inconsistent theories, since we would no longer trust their predictions. A similar predictive power of the competing theories is a necessary condition for the soundness of the argument. So if our trust in TEGR and STEGR would decrease for some reason, the argument would be not valid anymore.

Second, it could be objected that the number of true predictions which would be considered sufficient in order to trust the further predictions of the theories is somewhat arbitrary. Are *four* good predictions sufficient? Actually, in this case, there are five good predictions, since the EMEP is a true non-trivial and very significant prediction of the theories. One could point out that predictions S and C are actually consequences of prediction FE , since both the solutions and the cosmological applications depend on the field equations. This is true; maybe they are not independent predictions, but the interesting thing is again that with the extensions $f(T)$ and $f(Q)$, the equivalence is not anymore valid [\[9\]](#page-23-7), so it is important to explore any possible different feature in solutions and applications [\[48,](#page-27-1) [49\]](#page-27-2).

5.2 Experimental perspectives

As, mentioned, physicists are not yet satisfied with the current precision of the EP tests, as we can see from the numerous experiments which are developed by many different research groups [\[21\]](#page-24-7). These tests are complex and require many years of work and experimental efforts, not to mention the proposed space missions. All this efforts are developed in order to increase the accuracy of the EP tests, demonstrating the unsatisfactory situation, especially at quantum level.

Our argument does not mean that EP is false or that it has to be necessarily violated at some level, but surely it encourages experimentalists in the search for a possible violation to discriminate among concurring theories of gravity. If EP is not fundamental, it could be an emergent property. Therefore, it could be the case that it is violated at some level, for example at quantum level. The incoming experiments of free falling with quantum tests could be the straightforward approach to probe the above statement (see for instance $[21, 62, 63]$ $[21, 62, 63]$ $[21, 62, 63]$ $[21, 62, 63]$). Clearly these quantum tests are WEP tests, and \neg SEP does not imply \neg WEP, but \neg WEP does imply \neg SEP, i.e. if we detect a violation of the WEP, this would falsify also the SEP. This is relevant because the finest experiments on EP we have at the moment are conceived for the weak formulation. Clearly, the free fall of a wave packet is something different with respect to the free fall of a classical test particle. This conceptual aspect needs further and deep investigations.

Figure 4 The most relevant WEP tests performed from 1960. Quantum WEP tests with atom interferometry are not yet at the same accuracy as their classical counterparts, but it is a novel technology (20-30 years) and its development is impressively faster than the classical tests. In the shaded area on the right there are the prospects of future missions and projects (for the data, see $[21, 65, 66, 68-70]$ $[21, 65, 66, 68-70]$ $[21, 65, 66, 68-70]$ $[21, 65, 66, 68-70]$ $[21, 65, 66, 68-70]$ $[21, 65, 66, 68-70]$ $[21, 65, 66, 68-70]$.

Currently, the highest accuracy on the Eötvös parameter, which quantify the violation of the WEP, has been reached by the MICROSCOPE space mission with a free-fall experiment performed with macroscopic classical masses. In 2017, they reached 10[−]¹⁴ $[64]$ and, in 2022, 10^{-15} [\[65\]](#page-28-4). Other future space missions have been proposed, such as the Galileo Galilei (GG) [\[66\]](#page-28-5) and the Satellite Test of the Equivalence Principle (STEP) [\[67\]](#page-28-9), with the goal of achieving 10^{-17} and 10^{-18} , respectively. The atomic experiments have compared the free fall of different isotopes or atomic species such as $85Rb$ and $87Rb$, $39K$ and $87Rb$, the bosonic $88Sr$ and the fermionic $87Sr$ and also atoms in different spin orientations. In an experiment in Stanford [\[68\]](#page-28-6), a precision of 10^{-12} was reached (see [\[21,](#page-24-7) [63\]](#page-28-3) for a review). Similarly to the classical counterparts, the ultimate performance of atomic sensors for WEP tests can be reached in space, where tests with a precision of $10^{-15} \div 10^{-17}$ were proposed by the STE-QUEST (Space–Time Explorer and QUantum Equivalence Space Test) mission [\[69,](#page-28-10) [70\]](#page-28-7). Experiments exploiting entangled atomic states aim to push the sensitivity beyond the so called Standard Quantum Limit [\[71\]](#page-29-0). Fig. [4](#page-20-0) shows the limits set by the WEP tests performed with different methods, from 1960 until today and the future prospects.

As for the SEP tests, the achieved accuracy limit is $\eta_{SEP} \approx 10^{-5}$ [\[21\]](#page-24-7).

If a violation of the EP were to be detected, it would constitute a falsification of GR at that level, while TEGR and STEGR would remain viable as theories. Specifically, such a finding would suggest that the EP is not fundamental (FEP) but rather an emergent property $(EMEP)$ arising from a possible gauge choice, consistent with

TEGR and STEGR. In this case, it would mean that the EP is recoverable only at limited levels, with constraints highlighted by experiments. This is analogous to Einstein's justification of the EP on empirical grounds. In neither case do we have fundamental reasons to assume the EP. However, GR explicitly assumes it as fundamental, with all the consequences we have discussed, whereas TEGR and STEGR do not.

However, it is important to emphasize that this argument encourages testing the EP but does not strictly predict its violation. In fact, even if the EP is not fundamental, it is still possible that no violation will be found. In such a case, increasing the accuracy of traditional EP tests may be insufficient to discriminate among the three theories.

This consideration suggests the need to explore and design other types of experiments that could highlight the difference in *essence* between gravity and inertia, investigate the possible distinct dynamics of the metric and the connection, or determine in other way whether the EP is fundamental or emergent. Consequently, these epistemic considerations point to the importance of developing experimental approaches beyond traditional EP tests, which might potentially differentiate among the three equivalent theories. This represents a subject for future research.

Then note that the continue corroboration of the EP at any level poses also other conceptual problems. If after significant progress, no violation will be found, at what level of accuracy would we consider it satisfied? 10−18? 10−20? 10−50? What level of precision could be deemed sufficient to corroborate a metric theory? This is a perfect example of inductive risk, as one could always find an experiment which violates the EP, even if we will reach a precision of 10^{-50} . Is there an accuracy level where reasonable doubt would be mitigated? Maybe finding a more fundamental theory that explains why the EP should be an FEP could help. However, justifying it experimentally seems difficult, as it is possible that its validity might turn out to be merely a contingent fact without any underlying fundamental reason. Philosophers of physics surely would enjoy the debate.

Finally, it is worth mentioning another issue which could be addressed with our epistemic model, that is, the problem of the number of degrees of freedom in theories of gravity [\[72](#page-29-1)[–74\]](#page-29-2). The present approach could be exploited to extract the number of degrees of freedom and the dynamics of competing theories, in order to evaluate the equivalence among them and possible differences in their empirical content (see, e.g. [\[75,](#page-29-3) [76\]](#page-29-4)).

6 Conclusions

We discussed that EP is a non-trivial, theory-laden assumption in the framework of Equivalent Gravities. In fact, assuming EP at the foundation of the theory, we are intrinsically stating that gravitation is given by the curvature of spacetime, rather than by torsion or non-metricity. This fact gives rise to many problematic foundational consequences: i) the coincidence between the causal and the geodesic structure; ii) the fact that metric tensor is the fundamental variable of the theory instead of the connection; $iii)$ the contrast with several new physics predictions; $iv)$ the conceptual difficulties at quantum level; v) the relation with CDM and DE problems; vi) the

conceptual difference of gravity with respect to other gauge theories; and, finally, vii) the unjustified coincidence between gravitational and inertial mass. All these difficulties (or shortcomings) are direct or indirect consequences of the assumption that gravitation and inertia are of the same essence, in the words of Einstein.

However, GR is just a particular case in the more general lake of metric-affine theories, which can be built not only with curvature of spacetime, but also with torsion and non-metricity. With TEGR, built upon torsion, and STEGR, built upon nonmetricity, GR constitutes the so called Geometric Trinity of Gravity, because these three theories are found to be dynamically equivalent.

Then, on a closer inspection, we argued that there is a crucial hidden difference in relation with EP. The significant fact is that, in both TEGR and STEGR, EP can be recovered but without the necessity to postulate it at the foundation of the theory. If physicists would have found the EP as a necessary fundamental principle also for TEGR and STEGR, this would have been considered as a meta-empirical evidence in favor of what we called the FEP, that is the Equivalence Principle as Fundamental. But, as we have seen, this is not the case. Therefore, given the equivalence among GR, TEGR and STEGR in non-trivial multiple predictions, and given the fact that EP is not necessary for TEGR and STEGR, our confidence in the fundamentality of the EP decreases.

If the argument is correct, this could represent a difference in the empirical content between the three theories, because if the EP is not a fundamental feature of reality (FEP), it is emergent (EMEP). And if it is emergent, it is possible that, at some level, it is not valid.

As argued, the relaxation of this theory-laden principle allows us also to address many of the aforementioned foundational problems. As Synge suggested, given its heuristic role, the EP could be considered as a midwife, but not a fundamental feature of the world [\[17\]](#page-24-3).

These epistemic considerations encourage physicists to further enhance the accuracy of EP tests, especially at the quantum level, and to develop new experimental schemes to investigate potential differences in the empirical content of theories arising from their distinct relationships with the EP, such as discriminating between dynamics of metric and connection.

Finally, the approach of Sec. [4](#page-13-0) could be used also for other investigations. First of all, it should be used to evaluate other predictions in order to search for other possible relevant observables. For example, principles as the Local Lorentz Invariance, the Local Position Invariance, that together with EP constitute the Schiff conjecture, should be investigated also in TEGR and STEGR. Then, for instance, there could be also other equivalent formulations of gravity outside of the Geometric Trinity. Finding other dynamically equivalent theories would help in further constraining the configuration space of the theory. Having already found two of such theories, nothing precludes the fact that other equivalent representations of gravity could exist. Beside EP, theories of gravity could be compared also considering the number of degrees of freedom related to observables. This will be the argument of further studies.

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