# Is Bright and Dark States of Light the Quantum Origin of Classical Interference?

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#### Abstract

Interference phenomena, such as those observed in Young's double-slit experiment, are foundational to quantum mechanics, yet their interpretation continues to spark debate. Villas-Boas et al. [Phys. Rev. Lett. 134, 133603 (2025)] propose a quantum-optical framework attributing non-detection in regions of destructive interference to photons occupying "perfectly dark" states, which they claim do not interact with a two-level atom sensor due to vanishing coupling in the Jaynes-Cummings Hamiltonian. We argue that this interpretation is fundamentally flawed. Dark states, such as the out-of-phase coherent state  $|\alpha, -\alpha\rangle$ , are readily detectable in alternative experimental setups, including dispersive coupling in cavity QED and photon-counting detectors like photomultiplier tubes or avalanche photodiodes, which are sensitive to the photon number operator. This detectability undermines the assertion that dark states are the intrinsic cause of non-detection in destructive interference regions. Instead, the quantum mechanical superposition principle, combined with the Born rule, fully accounts for interference patterns across all detection schemes, as evidenced by well-established experiments such as single-photon double-slit interference, Hong-Ou-Mandel two-photon interference, and cavity QED measurements. By overgeneralizing a detector-specific effect, the dark-state framework introduces an unnecessary and redundant construct, as the standard quantum mechanical formalism already provides a complete and experimentally validated explanation of interference phenomena.

### 1 Introduction

Interference phenomena, such as those observed in Young's double-slit experiment, are cornerstones of quantum mechanics, revealing the wave-like behavior of particles, including photons. In their Letter, Villas-Boas et al. [1] propose a quantum-optical framework that attributes non-detection in regions of destructive interference to photons residing in "perfectly dark" states, which do not interact with a two-level atom sensor. We argue that this claim is fundamentally flawed, as dark states are detectable in various experimental setups and theoretical models. Instead, non-detection is a detector-specific consequence of the quantum mechanical superposition principle and the Born rule, which together fully account for interference patterns across all detection schemes.

## 2 Critique of the Dark-State Framework

Villas-Boas et al. [1] propose a quantum-optical framework to reinterpret classical interference phenomena, classifying photonic states in a multi-mode system as bright states, which couple strongly to a two-level atom and correspond to constructive interference, and dark states, or photon-dark states (PDS), which satisfy  $\hat{E}^+(\mathbf{r},t)|\psi_0^N\rangle = 0$  and do not couple to the atom,

associated with destructive interference. The electric field operator is defined as  $\hat{E}^+(\mathbf{r},t) \propto \hat{a}_1 + \hat{a}_2 e^{i\theta}$ , where  $\hat{a}_i$  (i = 1, 2) are photon annihilation operators for mode i. They claim that non-detection in regions of destructive interference results from photons residing in dark states.

Consider the out-of-phase coherent state  $|\alpha, -\alpha\rangle$ , identified as a PDS because it satisfies  $\hat{E}^+(\mathbf{r}, t)|\alpha, -\alpha\rangle = 0$  ( $\theta = 0$ ). In the Jaynes-Cummings (JC) Hamiltonian:

$$H_{\rm JC} = \hbar\omega\sigma^{+}\sigma^{-} + \sum_{i}\hbar\omega_{i}\hat{a}_{i}^{\dagger}\hat{a}_{i} + \hbar g\sum_{i}(\sigma^{+}\hat{a}_{i} + \sigma^{-}\hat{a}_{i}^{\dagger}),\tag{1}$$

where  $\sigma^+$ ,  $\sigma^-$  are the raising and lowering operators for the two-level atom, and g is the coupling strength, the interaction term  $\hbar g \sum_i (\sigma^+ \hat{a}_i + \sigma^- \hat{a}_i^{\dagger})$  couples the atom to the field. For the PDS  $|\alpha, -\alpha\rangle$ , the interaction vanishes, leading to zero excitation probability via the Born rule and resulting in non-detection.

However, the claim that dark states cause non-detection is incorrect, as dark states are detectable with other interactions. For instance, a dispersive coupling in off-resonant cavity QED:

$$H_{\text{disp}} = \hbar \omega \sigma^{+} \sigma^{-} + \sum_{i} \hbar \omega_{i} \hat{a}_{i}^{\dagger} \hat{a}_{i} + \hbar \chi \sigma_{z} (\hat{a}_{1}^{\dagger} \hat{a}_{1} + \hat{a}_{2}^{\dagger} \hat{a}_{2}), \tag{2}$$

where  $\sigma_z = |e\rangle\langle e| - |g\rangle\langle g|$  is the Pauli Z operator for the atom, and  $\chi$  is the dispersive coupling strength, allows detection of the PDS  $|\alpha, -\alpha\rangle$ . The photon number is:

$$\langle \alpha, -\alpha | \hat{a}_1^{\dagger} \hat{a}_1 + \hat{a}_2^{\dagger} \hat{a}_2 | \alpha, -\alpha \rangle = 2|\alpha|^2, \tag{3}$$

yielding an energy shift for the excited state  $|e\rangle$ :

$$\langle e, \alpha, -\alpha | H_{\text{disp}} | e, \alpha, -\alpha \rangle = \hbar \omega + 2\hbar \chi |\alpha|^2,$$
 (4)

and for the ground state  $|g\rangle$ ,  $\langle g|\sigma_z|g\rangle=-1$ , yielding  $-2\hbar\chi|\alpha|^2$ . The relative energy shift of  $4\hbar\chi|\alpha|^2$  induces a phase evolution in a superposition state  $\frac{1}{\sqrt{2}}(|g\rangle+|e\rangle)$ :

$$|\psi(t)\rangle = \frac{1}{\sqrt{2}} \left( e^{i2\chi|\alpha|^2 t} |g\rangle + e^{-i2\chi|\alpha|^2 t} |e\rangle \right) |\alpha, -\alpha\rangle.$$
 (5)

This phase  $\phi = 4\chi |\alpha|^2 t$  is detectable via Ramsey interferometry.

Most photon detectors, such as photomultiplier tubes (PMTs) and avalanche photodiodes (APDs), are sensitive to the photon number operator  $\hat{N} = \hat{a}_1^{\dagger} \hat{a}_1 + \hat{a}_2^{\dagger} \hat{a}_2$ . Their Hamiltonian is:

$$H_{\text{det}} = \sum_{i} \hbar \omega_{i} \hat{a}_{i}^{\dagger} \hat{a}_{i} + \sum_{j} \hbar \omega_{j} \hat{b}_{j}^{\dagger} \hat{b}_{j} + \sum_{i,j} \hbar g_{ij} (\hat{a}_{i} \hat{b}_{j}^{\dagger} + \hat{a}_{i}^{\dagger} \hat{b}_{j}), \tag{6}$$

where  $\hat{b}_{j}^{\dagger}$ ,  $\hat{b}_{j}$  are the creation and annihilation operators for the detector's internal modes (e.g., electronic states in PMTs or APDs). A direct calculation shows the detection rate is proportional to  $\langle \hat{N} \rangle = 2|\alpha|^2$ . The Born rule ensures detection reflects the photon number, as confirmed in single-photon double-slit experiments [2], the Hong-Ou-Mandel effect [3], and cavity QED [4] (see also [5]).

## 3 Conclusion

Villas-Boas et al.'s dark-state framework correctly derives that states like  $|\alpha, -\alpha\rangle$  are undetectable by a two-level atom in the JC Hamiltonian due to zero coupling. However, their claim that dark states cause non-detection is incorrect, as dark states are detectable in other detection schemes, such as dispersive coupling and photon-counting detectors. The overgeneralization of dark states as the cause constitutes a fatal flaw. Existing experiments, such as single-photon

double-slit, Hong-Ou-Mandel, and cavity QED setups, confirm that the superposition principle, combined with the Born rule, fully explains interference patterns.

## References

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